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## COURSE INFORMATION SHEET

<b>University:</b> Catholic University in Ružomberok					
<b>Faculty:</b> Faculty of Education					
<b>Course code:</b> KSP/Sc- BE101B/22		<b>Course title:</b> Addictions and society			
<b>Type and range of planned learning activities and teaching methods:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Recommended study range:</b> <b>hours weekly:</b> <b>hours per semester:</b> 4s / 4s <b>Teaching method:</b> on-site					
<b>Credits:</b> 4		<b>Working load:</b> 100 hours			
<b>Recommended semester/trimester:</b> 6.					
<b>Level of study:</b> I.					
<b>Prerequisites:</b>					
<b>Requirements for passing the course:</b>					
<b>Learning outcomes of the course:</b>					
<b>Course contents:</b>					
<b>Recommended or required literature:</b>					
<b>Language of instruction:</b>					
<b>Notes:</b>					
<b>Course evaluation:</b> Assessed students in total: 1					
A	B	C	D	E	FX
100.0	0.0	0.0	0.0	0.0	0.0
<b>Name of lecturer(s):</b> doc. PhDr. Angela Almašiová, PhD.					
<b>Last modification:</b>					
<b>Supervisor(s):</b> Person responsible for the delivery, development and quality of the study programme: doc. PhDr. Markéta Rusnáková, PhD.					

## COURSE INFORMATION SHEET

<b>University:</b> Catholic University in Ružomberok	
<b>Faculty:</b> Faculty of Education	
<b>Course code:</b> KSP/Sc- BE100B/22	<b>Course title:</b> Approaches to working with minority groups
<b>Type and range of planned learning activities and teaching methods:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Recommended study range:</b> <b>hours weekly:</b> <b>hours per semester:</b> 4s / 4s <b>Teaching method:</b> on-site	
<b>Credits:</b> 4	<b>Working load:</b> 100 hours
<b>Recommended semester/trimester:</b> 6.	
<b>Level of study:</b> I.	
<b>Prerequisites:</b>	
<b>Requirements for passing the course:</b> Within the implementation of the course methods of lecture, discussion, group work of students, independent work of students, work with video, work with statistics and Internet resources are used. Verification of the degree of acquisition of the relevant knowledge, skills and competences of the student is carried out on the basis of theoretical and practical examinations during the semester teaching of the subject and during the examination period. The student is obliged to participate in the exercises. A maximum of 3 absences per semester are accepted. During the semester, students will solve assigned problems in the exercises. The final assessment will be a closed-question test (ABCD). The final assessment for full-time students will be based on the total points obtained in the practicals and in the written examination. 20 points in the structure can be obtained for passing the course: - 10 points per test - 4 points for active participation - 6 points for completing the tasks during the exercises. For the external form of study, a written examination during the examination period will be worth 16 points, active participation will be worth 4 points. The minimum number of points required to pass the course is 12. Course evaluation: A - 20-19 points B - 18-17 points C - 16-15 points D - 14-13 points E - 12 points Fx - 11-0 points	
<b>Learning outcomes of the course:</b> Aim of the course: to understand what are the implications of belonging to a minority group for an individual and what are the specifics of social work when working with some minority groups. Learning outcomes: After completing the course, the student will acquire the following knowledge, skills and competences:	

<p><b>Knowledge:</b> students will gain background information on the issue of minorities, their structure, types, social connections with traditional and newly emerging minorities in the environment of the Slovak Republic.</p> <p><b>Skills:</b> Students will be able to identify the different types of minorities and minority groups, the basic attitudes of majorities towards minorities, and the context of interethnic relations and social work.</p> <p><b>Competences:</b> students will learn methods of social work with members of minorities.</p>					
<p><b>Course contents:</b>  An introduction to majority and minority groups. Minorities in social work. Concepts related to the topic of minority groups in social work: disadvantage, discrimination, ageism, culture, subculture, counterculture, nationality and ethnic identity, ethnocentrism, multiculturalism, acculturation, culture shock, equality, tolerance, solidarity prejudice and stereotypes, racism, xenophobia, marginalization, social distance, assimilation, integration. Approaches to Social Work with Minorities: Approaches to Working with Minorities by Musil and Navratil, Antioppressive Approaches of the Social Worker in Working with Minorities. Ethnic minorities and groups. Religious minorities.</p>					
<p><b>Recommended or required literature:</b></p>					
<p><b>Language of instruction:</b>  Slovak (English for reading some publications)</p>					
<p><b>Notes:</b></p>					
<p><b>Course evaluation:</b>  Assessed students in total: 33</p>					
A	B	C	D	E	FX
21.21	45.45	18.18	12.12	3.03	0.0
<p><b>Name of lecturer(s):</b> Mgr. Daniel Markovič, PhD.</p>					
<p><b>Last modification:</b> 26.08.2022</p>					
<p><b>Supervisor(s):</b>  Person responsible for the delivery, development and quality of the study programme:  doc. PhDr. Markéta Rusnáková, PhD.</p>					

## COURSE INFORMATION SHEET

<b>University:</b> Catholic University in Ružomberok	
<b>Faculty:</b> Faculty of Education	
<b>Course code:</b> KSP/Sc-BE103B/22	<b>Course title:</b> Art Therapy
<b>Type and range of planned learning activities and teaching methods:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Recommended study range:</b> <b>hours weekly:</b> <b>hours per semester:</b> 4s / 4s <b>Teaching method:</b> on-site	
<b>Credits:</b> 4	<b>Working load:</b> 100 hours
<b>Recommended semester/trimester:</b> 7.	
<b>Level of study:</b> I.	
<b>Prerequisites:</b>	
<b>Requirements for passing the course:</b> Conditions for completion of the course and the subject and the method of verification of the acquired knowledge, skills and competences: Achievement of the learning outcomes within the discipline will be assessed on an ongoing basis (PH) through practicals. Students may earn a maximum of 40 points on the practicum for the following specific assignments: participation in practicum (2 points), activities in seminar classes (18 points), and portfolio development (20 points). To receive credit for the course grade, the student must also be absent from the seminars more than 2 times. The number of points achieved in the seminar constitutes the following overall course grade: for a grade of A, at least 38 points must be obtained, for a grade of B, at least 35 points must be obtained, for a grade of C, at least 32 points must be obtained, for a grade of D, at least 29 points must be obtained, for a grade of E, at least 26 points (65%) must be obtained. In this course, the student's sense of autonomy, independence, and self-assessment are fostered. Emphasis is placed on the student's independence, autonomy, and self-evaluation. Course evaluation: A - 100%-93% B - 92%-85% C - 84%-77% D - 76%-69% E - 68%-60% Fx - 59%- 0%	
<b>Learning outcomes of the course:</b> Course Objective: Learning outcomes: The student completing the course 1. knows the theoretical background and forms of art therapy. 2. knows art therapy techniques that can be used when working with individuals and groups. 3. knows how to implement an active form of art therapy - applying specific activities of drawing, painting, modelling, poetry, etc. 4. develops selected social skills when working with individuals and groups (empathy, active listening, congruence...).	

**Course contents:**

Course contents:

1. Introduction to the subject.
2. Definition of expressive therapies.
3. Perspectives on visual arts.
4. The potential of art in a therapeutic context.
5. Art therapy as a method in social work
6. The potential of art in an educational context
7. Definition of art therapy.
8. Theoretical foundations of art therapy
9. Forms of art therapy.
10. The personality of the art therapist and the art therapeutic relationship
11. Art therapy its goals and target groups.
12. Case reports
13. Art therapy methods and techniques

**Recommended or required literature:**

Recommended literature:

- CAMBELLOVÁ, J.: Techniky arteterapie ve výchově, sociální práci a klinické praxi. Praha, Portál, 1998.
- CASEOVÁ, C., DALLEYOVÁ, T.: Arteterapie s dětmi. Praha, Portál, 1995. JEBAVÁ, J.: Úvod do arteterapie. Praha, Karolinum, 1997.
- LHOTOVÁ, M.: Arteterapie ve speciálním vzdělávání I., II. České Budějovice, 2013.
- POTMĚŠILOVÁ, P., SOBKOVÁ, P.: Arteterapie a artefiletika nejen pro sociální pedagogy. Olomouc, 2012.
- SLAVÍK, J.: Od výrazu k dialogu ve výchově – Artefiletika. Praha, Karolínium, 1997.
- SLAVÍK, J.: Umění zážitku, zážitek umění. Teorie a praxe artefiletiky. Praha: PedF UK, 2001.
- ŠICKOVÁ-FABRICI, J.: Arteterapia – úžitkové umenie? Petrus publishers, 2006.
- ŠICKOVÁ-FABRICI, J.: Základy arteterapie. Praha: Portál, 2002.
- ŠICKOVÁ-FABRICI, J.: Základy arteterapie. 1. vyd. Praha: Portál, 2016.
- WAVROSZ, P.: Artefiletika – putování mezi tvorbou a reflexí. In: Gymnasion. Portál pro zážitkovou pedagogiku. Dostupné na <http://www.gymnasion.org/archive/article/artefiletika-putovani-mezi-tvorbou-reflexi-0> Literatúru aktualizuje vyučující v sylabách predmetu.

**Language of instruction:**

Slovak

**Notes:****Course evaluation:**

Assessed students in total: 31

A	B	C	D	E	FX
96.77	3.23	0.0	0.0	0.0	0.0

**Name of lecturer(s):** PhDr. Mgr. Anna Masariková, PhD.**Last modification:** 25.08.2022**Supervisor(s):**

Person responsible for the delivery, development and quality of the study programme:  
doc. PhDr. Markéta Rusnáková, PhD.

## COURSE INFORMATION SHEET

<b>University:</b> Catholic University in Ružomberok	
<b>Faculty:</b> Faculty of Education	
<b>Course code:</b> KSP/Sc-BE101S/22	<b>Course title:</b> Bachelor thesis defence
<b>Type and range of planned learning activities and teaching methods:</b> <b>Form of instruction:</b> <b>Recommended study range:</b> <b>hours weekly:    hours per semester:</b> <b>Teaching method:</b> on-site	
<b>Credits:</b> 15	<b>Working load:</b> 375 hours
<b>Recommended semester/trimester:</b> 7., 8..	
<b>Level of study:</b> I.	
<b>Prerequisites:</b>	
<b>Requirements for passing the course:</b> Successful oral defence of the bachelor thesis. Course evaluation: A - 100%-93% B - 92%-85% C - 84%-77% D - 76%-69% E - 68%-60% Fx - 59%- 0%	
<b>Learning outcomes of the course:</b> Learning outcomes: - present the results of the bachelor thesis in front of an expert committee, - demonstrate theoretical skills related to the process of creating a bachelor thesis, formulate the background and motivation for the choice of the final thesis, - present and defend significant findings in a logically clear manner, - formulate recommendations for pedagogical practice, - to respond and take its own position on the reservations and assessments from the assessments.	
<b>Course contents:</b> The student will present his/her work in front of the expert committee (max. 10 min.) - he/she will justify the meaning and aim of his/her work, explain the methodology and methods used in his/her work and point out the results achieved. After reading the evaluations, he/she reacts to the evaluation, takes a position on any reservations and answers the individual questions posed in the evaluations. Discussion follows.	

**Recommended or required literature:**

GONDA, V. 2001. Ako napísať a úspešne obhájiť diplomovú prácu. Bratislava : Elita, 2001. 117 s. ISBN 80-8044-075-1.

LIŠKA, V. 2010. Zpracování a obhajoba bakalářské a diplomové práce. Praha : Professional Publishing, 2010. 96 s. ISBN 978-8074-3102-18.

MEŠKO, D. – KATUŠČÁK, D. – FINDRA, J. a kol. 2005. Akademická príručka. Martin : Osveta 2005. 496 s. ISBN 80-8063-200-6.

RYBÁROVÁ, Ľ. – CUPEROVÁ, J. – RYBÁROVÁ, D. 2009. Metodika písania diplomovej práce. Martin : Osveta, 2009. 82 s. ISBN 978-8080-633-165.

**Language of instruction:**

slovak

**Notes:****Course evaluation:**

Assessed students in total: 172

A	B	C	D	E	FX
45.93	25.58	18.02	5.23	5.23	0.0

**Name of lecturer(s):**

**Last modification:** 26.08.2022

**Supervisor(s):**

Person responsible for the delivery, development and quality of the study programme:  
doc. PhDr. Markéta Rusnáková, PhD.



## COURSE INFORMATION SHEET

<b>University:</b> Catholic University in Ružomberok	
<b>Faculty:</b> Faculty of Education	
<b>Course code:</b> KSP/Sc-BE104B/22	<b>Course title:</b> Casuistic Seminar
<b>Type and range of planned learning activities and teaching methods:</b> <b>Form of instruction:</b> Seminar <b>Recommended study range:</b> <b>hours weekly:</b> <b>hours per semester:</b> 8s <b>Teaching method:</b> on-site	
<b>Credits:</b> 4	<b>Working load:</b> 100 hours
<b>Recommended semester/trimester:</b> 7.	
<b>Level of study:</b> I.	
<b>Prerequisites:</b>	
<b>Requirements for passing the course:</b> Conditions for completion of the course and the subject and the method of verification of the acquired knowledge, skills and competences: Active participation in seminars and preparation of group assignments during the semester: 30% of the student's total grade. During the semester, case studies prepared by the students will be presented in tutorials and will be scored. The evaluation of the case study is as follows: 10: Excellent handling of the attributes and knowledge of the case study and how to address the intervention in working with the client. 9: an average case study without all strategic options for solving the client's problem 8: case study with errors and absences. 7: average knowledge and skills, there are errors in the tasks. 6: Knowledge and skills are below average; there are (significant) errors in the tasks. 5: The knowledge and skills of case study processing still meet the minimum requirements. Lots of errors. 4-0: minimum requirements not met. The examination will take the form of an assessment of a case study prepared by the students and an oral examination. Within this course, the student's sense of autonomy, independence, and self-assessment is fostered. Course evaluation: A - 100%-93% B - 92%-85% C - 84%-77% D - 76%-69% E - 68%-60% Fx - 59%- 0%	
<b>Learning outcomes of the course:</b> Learning Outcomes To provide students with a basic understanding of the importance of case reports and case studies to professional practice. Theoretical knowledge: students will learn about the importance of case reports for professional practice. They will get basic information about the structure itself. They will acquire the skills of processing professional knowledge, the information obtained about the client, which they will	

be able to process into a case study, which is an important method in collaboration with other professionals for the successful solution of social problems of clients. Practical skills: to master the procedures for strategic ways of solving client's social problems in a case study and the skill of processing the causal and case study.

**Course contents:**

1. Terminological definition, objectives, approaches in the case study
2. Types, functions, style of casuistry.
3. Causal approach, strategy, method.
4. The use of case studies in social work,
5. The structure of the case study and the case study in social work.
6. Sources of information for the case study and for the case study
7. Ethics in causal action.
8. Case study processing difference
9. Specific treatment of the case and case study.
10. Types of medical history and the importance of first contact
11. The sequence of work of a social worker in the development of a case report and case study
12. The importance of verbal and non-verbal communication in a case study

**Recommended or required literature:**

Recommended literature:

1. Hučík, J., Hučíková, A. 2009. Kazuistika v sociálnej práci. Bratislava : VŠZaSP sv. Alžbety, 2009. 203 s. ISBN 978-80-89271-66-5.
2. Levická, J: Kazuistický seminár zo sociálnej práce, Trnava, SAP, 2004, 59s. ISBN 808 910-436-
3. Hučík, J., Hučíková, A. 2010. Kazuistika v sociálnej práci. Bratislava, 2010. 203 s. ISBN 9788089271665
4. Gabura, J.: Sociálna komunikácia, Bratislava, Občianske združenie Sociálna práca, 2004, 117s. ISBN 809-689-277-0

**Language of instruction:**

Slovak

**Notes:**

**Course evaluation:**

Assessed students in total: 30

A	B	C	D	E	FX
36.67	36.67	3.33	6.67	16.67	0.0

**Name of lecturer(s):** Mgr. Júlia Bačkorová, PhD.

**Last modification:** 25.08.2022

**Supervisor(s):**

Person responsible for the delivery, development and quality of the study programme:  
doc. PhDr. Markéta Rusnáková, PhD.

## COURSE INFORMATION SHEET

<b>University:</b> Catholic University in Ružomberok	
<b>Faculty:</b> Faculty of Education	
<b>Course code:</b> KSP/Sc- BE125A/22	<b>Course title:</b> Client groups in social work
<b>Type and range of planned learning activities and teaching methods:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Recommended study range:</b> <b>hours weekly:</b> <b>hours per semester:</b> 12s / 4s <b>Teaching method:</b> on-site	
<b>Credits:</b> 7	<b>Working load:</b> 175 hours
<b>Recommended semester/trimester:</b> 5.	
<b>Level of study:</b> I.	
<b>Prerequisites:</b>	
<b>Requirements for passing the course:</b> Conditions for completion of the course and the subject and the method of verification of the acquired knowledge, skills and competences: Continuous assessment: active work on exercises consisting in creative solution of assigned tasks, min. 80% participation in exercises. The student may obtain a maximum of 30 points in the intermediate assessment phase. Final assessment: a final written examination from which the student may obtain a maximum of 70 points. The final grade in the full-time form will be the sum of the points obtained from the continuous assessment and the final written examination. Course evaluation: A - 100%-93% B - 92%-85% C - 84%-77% D - 76%-69% E - 68%-60% Fx - 59%- 0%	
<b>Learning outcomes of the course:</b> Course Goal: The goal of this course is to provide students with an overview of social work client groups and specific attention to selected client groups. Learning outcomes: After completing the course, the student will acquire the following knowledge, skills and competences: Graduate Knowledge: The graduate will gain an overview of social work client groups, get acquainted with their characteristics, specifics, needs and problems. Graduate Skills: The graduate is oriented in the specifics of individual target groups of social work, which allows him/her to choose appropriate strategies and methods of social work. Graduate Competencies:	

The graduate possesses competences that enable him/her to carry out social work with different target groups, respecting the specifics and needs of these groups,

**Course contents:**

1. Range of target groups of social work.
2. Forms of social work (with individual, family, group, community, society)
3. Classification of social work client groups according to different aspects (e.g. in terms of problem, age, etc.).
4. Selected social work client groups.
5. Social work with individuals with socio-economic problems.
6. Social work with homeless people.
7. Social work with individuals with addictions (substance, behavioral).
8. Social work with individuals suffering from mental disorders.
9. Social work with individuals suffering from stress and strain-related problems (e.g. burnout syndrome, etc.).
10. Social work with individuals at risk of violence, abuse, bullying (e.g. domestic violence, CAN syndrome, etc.).
11. Social work with migrants, refugees.
12. Social work with convicts.

**Recommended or required literature:**

- MATOUŠEK, O., KODYMOVÁ, P., KOLÁČKOVÁ (eds.). Sociální práce v praxi : specifika různých cílových skupin a práce s nimi. 2. vyd. Praha : Portál, 2010. 351 s. ISBN 978-80-7367-818-0.
- VÁGNEROVÁ, M. Současná psychopatologie pro pomáhající profese. Praha : Portál, 2014. 816 s. ISBN 978-80-262-0696-5.
- MATOUŠEK, O., a kol. Encyklopedie sociální práce. Praha : Portál, 2013. 570 s. ISBN 978-80-262-0366-7.
- KUZNÍKOVÁ, I. Sociální práce ve zdravotnictví. Praha : Grada, 2001. 212 s. ISBN 978-80-247-3676-1.
- KOHÚTOVÁ, K., ALMAŠIOVÁ, A. Voľný čas ako prediktor užívania legálnych návykových látok u žiakov základných a stredných škôl. In Psychológia a patopsychológia dieťaťa Bratislava : Výskumný ústav detskej psychológie a patopsychológie, 2018, roč. 52, č. 2, s. 151-163.
- MATOUŠEK, O. a kol. Metody a řízení sociální práce. 3. vyd. Praha : Portál, 2013. 395 s. ISBN 978-80-262-0213-4.
- KOHÚTOVÁ, Katarína: Kvalita života nezamestnaných mladých ľudí. In Sociální práce = Sociálna práca, Roč. 14, č. 2 (2014), s. 105-117.
- MAHROVÁ, G., VENGLÁŘOVÁ, M. a kol. Sociální práce s lidmi s duševním onemocněním. Praha : Grada, 2008. 168 s. ISBN 978-80-247-2138-5.
- ŠTEFÁKOVÁ, L., HULÍNOVÁ, V. 2016. Metódy a metodika sociálnej práce I. : formy a druhy sociálnej práce. Ružomberok : Verbum, 2016. - 259 s. - ISBN 978-80-561-0400-2.
- KOHÚTOVÁ, Katarína: Teoreticko-metodologické východiská problematiky syndrómu vyhorenia v kontexte kvality života. Ružomberok : Verbum, 2017. 144 s. ISBN 978-80-561-0465-1.
- KOHÚTOVÁ, K. – ALMAŠIOVÁ, A.: Typology of Adolescents in Terms of Their Leisure-time Substance Use. In Adiktologie, Roč. 18, č. 3-4 (2019), s. 179-187.
- ALMAŠIOVÁ, A. - KOHÚTOVÁ, K. – MARKOVIČ, D.: Postoje študentov a študentiek sociálnej práce voči utečencom. In Sociální práce = Sociálna práca, Roč. 17, č. 2 (2017), s. 5-18.

<b>Language of instruction:</b> slovak					
<b>Notes:</b>					
<b>Course evaluation:</b> Assessed students in total: 30					
A	B	C	D	E	FX
66.67	26.67	3.33	3.33	0.0	0.0
<b>Name of lecturer(s):</b> doc. PhDr. Irena Kamanová, PhD., MHA					
<b>Last modification:</b> 30.08.2022					
<b>Supervisor(s):</b> Person responsible for the delivery, development and quality of the study programme: doc. PhDr. Markéta Rusnáková, PhD.					

## COURSE INFORMATION SHEET

<b>University:</b> Catholic University in Ružomberok	
<b>Faculty:</b> Faculty of Education	
<b>Course code:</b> KSP/Sc- BE107B/22	<b>Course title:</b> Coaching & Mentoring
<b>Type and range of planned learning activities and teaching methods:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Recommended study range:</b> <b>hours weekly:</b> <b>hours per semester:</b> 4s / 4s <b>Teaching method:</b> on-site	
<b>Credits:</b> 4	<b>Working load:</b> 100 hours
<b>Recommended semester/trimester:</b> 7.	
<b>Level of study:</b> I.	
<b>Prerequisites:</b>	
<b>Requirements for passing the course:</b> Throughout the semester, students will present their term paper on an assigned topic, for which a maximum of 20% may be earned. A further 30% will be awarded for conducting a demonstration of a coaching interview with a client, where they will be able to demonstrate the link between theoretical knowledge and practice. 50% will be awarded during the final oral examination. The overall final grade will be based on the total points earned from the seminar paper, the client interview demonstration, and the oral exam. Verification of the degree of acquisition of the relevant knowledge, skills and competences of the student is carried out on the basis of theoretical and practical examinations during the semester teaching of the subject. Course evaluation: A - 100%-93% B - 92%-85% C - 84%-77% D - 76%-69% E - 68%-60% Fx - 59%- 0%	
<b>Learning outcomes of the course:</b> <b>Course Objective:</b> After completing the course, students will know the essence, principles, process and models of coaching, they will be able to formulate and use coaching questions and techniques in coaching, they will become familiar with the role of the coach and the possibilities of applying coaching in social work. They will learn about the thinking behind contemporary mentoring, typologies, agendas, dilemmas and risks, as well as the principles, nature, typology and quality of the mentoring relationship. <b>Learning outcomes:</b> After completing the course, the student will acquire the following knowledge, skills and competences: <b>Graduate Knowledge:</b>	

The graduate has knowledge of coaching and mentoring, knows the essence, principles, process and models of coaching, the thought bases of contemporary mentoring, typologies, programs, dilemmas and risks, as well as the principles, nature, typology and quality of the mentoring relationship.

**Graduate Skills:**

The graduate is able to conduct a coaching conversation, knows basic coaching questions and techniques.

**Graduate Competencies:**

Possesses professional communication skills, professionally presents own opinions.

**Course contents:**

1. The essence of coaching, the division of coaching
2. Coach, the role of the coach
3. Coach's Code of Ethics
4. The coaching process, contexts, stages
5. Principles of coaching
6. Models in coaching
7. Coach's tools for working with clients
8. Coaching questions
9. Techniques in coaching
10. Opportunities for the application of coaching in social work
11. Coaching vs mentoring, counselling, therapy
12. Thought bases of contemporary mentoring, typologies, programmes, dilemmas and risks
13. Principles, nature, typology and quality of the mentoring relationship.

**Recommended or required literature:**

- MARKOVIČ, D., PIROŽEK, J. 2018. Vybrané koučovací techniky vhodné pre praktickú sociálnu prácu. In: ŠTEFÁKOVÁ, L. Metódy a metodika sociálnej práce IV.: vybrané oblasti z praktickej sociálnej práce. Ružomberok: VERBUM - vydavateľstvo KU, 2018. – ISBN 978-80-561-0576-4, s. 75-96
- MARKOVIČ, D., PIROŽEK, J. 2018. Koučing v praktickej sociálnej práci. In: ŠTEFÁKOVÁ, L. Metódy a metodika sociálnej práce IV.: vybrané oblasti z praktickej sociálnej práce. Ružomberok: VERBUM - vydavateľstvo KU, 2018. – ISBN 978-80-561-0576-4, s. s. 55-74
- ATKINSON, M., CHOIS, R. T. 2009. Koučink - věda i umění, vnitřní dynamika. Praha: Portál, 2009. 233 s. ISBN 9788073675387
- FISCHER-EPE, M. 2006. Koučování : zásady a techniky profesního doprovázení. Praha: Portál, 2006. 187 s. ISBN 80-7367-140-9
- DAŇKOVÁ, M. 2008. Koučování: kdy, jak a proč. Praha: Grada, 2008, 107. ISBN 978-80-247-2047-0
- KINDL-BEILFUSS, C. 2012. Umění ptát se: v koučování, poradenství a systematické terapii. Praha: Portál, 2012, 211 s. ISBN 978-80-262-0089-5
- <https://coachingfederation.org/>
- <https://certifiedcoach.org/>
- <https://sako.sk/>

**Language of instruction:**

slovak

**Notes:**

<b>Course evaluation:</b> Assessed students in total: 31					
A	B	C	D	E	FX
45.16	32.26	12.9	9.68	0.0	0.0
<b>Name of lecturer(s):</b> PhDr. Lenka Štefáková, PhD.					
<b>Last modification:</b> 19.02.2023					
<b>Supervisor(s):</b> Person responsible for the delivery, development and quality of the study programme: doc. PhDr. Markéta Rusnáková, PhD.					



## COURSE INFORMATION SHEET

<b>University:</b> Catholic University in Ružomberok	
<b>Faculty:</b> Faculty of Education	
<b>Course code:</b> KSP/Sc-BE127A/22	<b>Course title:</b> Continuous professional experience
<b>Type and range of planned learning activities and teaching methods:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Recommended study range:</b> <b>hours weekly:</b> <b>hours per semester:</b> 4s / 16s <b>Teaching method:</b> on-site	
<b>Credits:</b> 5	<b>Working load:</b> 125 hours
<b>Recommended semester/trimester:</b> 6.	
<b>Level of study:</b> I.	
<b>Prerequisites:</b> KSP/Sc-BE111A/22	
<b>Requirements for passing the course:</b> Conditions for completion of the course and the subject and the method of verification of the acquired knowledge, skills and competences: In the context of continuous professional practice, the student's sense of autonomy, independence in working with different types of clients is strengthened. During the course, the student will visit a facility of his/her choice, oriented to the selected target group. The student will present a record of the visit, which will analyze the methods of social work with these target groups. There will be a jointly assessed presentation + assessment record of practice, for which the student may receive 70%. The student will attend a group supervision session where their practice topic will be supervised, for which they will receive 30%. Course evaluation: A - 100%-93% B - 92%-85% C - 84%-77% D - 76%-69% E - 68%-60% Fx - 59%- 0%	
<b>Learning outcomes of the course:</b> Course aim: Continuous professional practice carried out on the basis of an individual choice of the practice workplace by the student, after agreement of the triad: school-workplace-student. Learning outcomes: after completing the course the student will acquire the following knowledge, skills and competences: Knowledge: gain direct experience of working with a client, implementation of individual methods, forms, stages of social work, through supervision look for optimal forms of solving a social problem/social situation of a client. Skills: the student will be able to plan, select and use an adequate methodology of work for his/her intervention professional activity and evaluate the effectiveness of the assistance provided. Competences: the graduate is able to provide information and counselling services and to carry out professional activities in the field of practical social work.	
<b>Course contents:</b>	

1. Introductory seminar to professional practice
2. Practice administration - agreements, contracts
3. Practice records, portfolio processing
4. Practice report - its evaluation and presentation
5. Consultation on practice - professional supervision at the practice workplace
6. Professional supervision in school - in the scope according to the needs of the student - but not more than 6 hours

**Recommended or required literature:**

Recommended literature:

- TRUHLÁŘOVÁ, Z. 2015. Odborné praxe v kontextu pregraduální přípravy sociálních pracovníků. Hradec Králové: Gaudeamus. 2015. ISBN 978-80-7435-412-0
- SKYBA, M., ŠOLTÉSOVÁ, D. 2014. Service-learning vo vzdelávaní (školských) sociálních pracovníků a pracovníčok. Prešov: AFPh UP, 2014, 149 s. ISBN 978-80-555-1156-6
- HAVRDOVÁ, Z. 1999. Kompetence v praxi sociální práce. Praha: Osmium, 1999, 167 s. ISBN 80-902081-8-5
- PRUŽINSKÁ, J. a kol. 2011. Inšpirácie pre prax sociálnej práce. Bratislava: IRIS, 2011. 235 s. ISBN 978-80-89238-53-8
- MÁTEL, A. 2016. Etické kódexy sociálnej práce. Bratislava: Spoločnosť pre rozvoj sociálnej práce. 2016. 226 s. ISBN 978-80-971445-8-6
- TRUHLÁŘOVÁ, Z., LEVICKÁ, K. 2011. Od teorie k praxi, od praxe k teorii : sborník z konference VIII. Hradecké dny sociální práce. Hradec Králové: Gaudeamus, 2012. 682 s. ISBN 978-80-7435-138-9
- KAMANOVÁ, I., ZRUBÁKOVÁ, K. 2009. Prínos študentskej odbornej praxe v sociálnej práci, ošetrovatelstve a pôrodnej asistencii: zborník referátov z medzinárodnej odbornej konferencie: 19. novembra 2008. Ružomberok: Pedagogická fakulta a Fakulta zdravotníctva Katolíckej univerzity, 2009. 191 s. ISBN 978-80-8084-458-5
- HAWKINS, P. 2004. Supervize v pomáhajících profesiách. Praha: Portál, 2004, 216 s. ISBN 978-80-7178-715-9
- VASKA, L. 2012. Teoretické aspekty supervízie začínajúcich sociálních pracovníků. Bratislava: Iris, 2012, 176 s. ISBN 978-80-89238-70-5
- SCHAVEL, M., HUNYADIOVÁ, S., KUZYŠIN, B. 2013. Supervízia v sociálnej práci. Teória, prax a výskum. Bratislava: Spoločnosť pre rozvoj sociálnej práce. 2013. 207 s. ISBN 978-80-971445-0-0

**Language of instruction:**

slovak

**Notes:**

**Course evaluation:**

Assessed students in total: 17

A	B	C	D	E	FX
88.24	11.76	0.0	0.0	0.0	0.0

**Name of lecturer(s):** doc. PhDr. Irena Kamanová, PhD., MHA, PhDr. Lenka Štefáková, PhD.

**Last modification:** 30.08.2022

**Supervisor(s):**

Person responsible for the delivery, development and quality of the study programme:

doc. PhDr. Markéta Rusnáková, PhD.

## COURSE INFORMATION SHEET

<b>University:</b> Catholic University in Ružomberok	
<b>Faculty:</b> Faculty of Education	
<b>Course code:</b> KSP/Sc- BE108B/22	<b>Course title:</b> Demography
<b>Type and range of planned learning activities and teaching methods:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Recommended study range:</b> <b>hours weekly:</b> <b>hours per semester:</b> 4s / 4s <b>Teaching method:</b> on-site	
<b>Credits:</b> 4	<b>Working load:</b> 100 hours
<b>Recommended semester/trimester:</b> 7.	
<b>Level of study:</b> I.	
<b>Prerequisites:</b>	
<b>Requirements for passing the course:</b> Verification of the degree of acquisition of the relevant knowledge, skills and competences of the student is carried out on the basis of theoretical and practical examinations during the semester teaching of the subject. Verification will be carried out during the semester on the basis of set assignments presented in the exercises (30% of the total mark, max. gain of 30 points), and oral examination (70% of the total mark, max. gain of 70 points). Assignments during the semester: will be given at the beginning of the semester according to current events in society (with links to the field of social work). Mainly the relevance and timeliness of the sources used in the assignments will be evaluated. The assignments will be in the form of a power-point presentation, the presentation of the assignment itself will be a minimum of 10 minutes. Oral examination: will test the student's ability to apply the acquired knowledge in the field of demography to social work practice. The course syllabus with the required knowledge will be published to the students in the Moodle system.	
<b>Learning outcomes of the course:</b> <b>Knowledge:</b> - The student will have knowledge of basic demography <b>Skills:</b> - The student will be able to search relevant sources from various demographic databases, - the student will be able to apply the results of demographic science and practice, especially in population and family policy	
<b>Course contents:</b> 1. Position of demography in the system of sciences, division of demography, founders of demography. 2. Population, population reproduction. 3. Sources of demographic data, demographic indicators and demographic symbolism. 4. Basic data on the number, distribution and density of the population. 5. Population structure by sex and age. 6. Population structure by marital status. 7. Household types.	

- 8. Marriage rate.
- 9. Divorce rate.
- 10. Fertility.
- 11. Fertility.
- 12. Abortion rate.

**Recommended or required literature:**

- 1. Vaňo, B., Jurčová, D., Mészáros, J.: Základy demografie. OZ Sociálna práca, 2003
- 2. Jurčová, D. Krátky slovník demografických pojmov. Dostupné na: [http://www.infostat.sk/vdc/pdf/slovník\\_2verdd.pdf](http://www.infostat.sk/vdc/pdf/slovník_2verdd.pdf)
- 3. Klufová, R., Poláková, Z. Demografické metody a analýzy: demografie české a slovenské populace. Praha: Wolters Kluwer. 2010.
- 4. Internetové stránky Štatistického úradu.

**Language of instruction:**

**Notes:**

**Course evaluation:**

Assessed students in total: 33

A	B	C	D	E	FX
36.36	21.21	21.21	12.12	3.03	6.06

**Name of lecturer(s):** Mgr. Júlia Bačkorová, PhD.

**Last modification:** 22.07.2022

**Supervisor(s):**

Person responsible for the delivery, development and quality of the study programme:  
doc. PhDr. Markéta Rusnáková, PhD.

## COURSE INFORMATION SHEET

<b>University:</b> Catholic University in Ružomberok	
<b>Faculty:</b> Faculty of Education	
<b>Course code:</b> KSP/Sc- BE109B/22	<b>Course title:</b> Digital social work
<b>Type and range of planned learning activities and teaching methods:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Recommended study range:</b> <b>hours weekly:</b> 4 / 4 <b>hours per semester:</b> 52 / 52 <b>Teaching method:</b> on-site	
<b>Credits:</b> 4	<b>Working load:</b> 100 hours
<b>Recommended semester/trimester:</b> 7.	
<b>Level of study:</b> I.	
<b>Prerequisites:</b>	
<b>Requirements for passing the course:</b> Within the implementation of the course are used methods of lecture, discussion, group work of students, independent work of students, work with computer and mobile applications, video and image, work with Internet resources. Verification of the degree of acquisition of the relevant knowledge, skills and competences of the student is carried out on the basis of theoretical and practical examinations during the semester teaching of the subject and during the examination period. The student is obliged to participate in the exercises. A maximum of 3 absences per semester are accepted. During the semester, students will solve assigned problems in the exercises. Ongoing assignments focus on identifying their level of digital literacy, creating web content about social work, and digital social work methods and techniques. External students will submit a written paper describing the implementation and results of the assignments. The final assessment will be a closed-question test (ABCD). The test examines the extent to which knowledge and skills from the learning outcomes have been mastered. 20 points in the structure can be obtained for passing the course: - 10 points for the final test - 4 points for active participation - 6 points for completing the tasks during the exercises. The minimum number of points required to pass the course is 12. Course evaluation: A - 20-19 points B - 18-17 points C - 16-15 points D - 14-13 points E - 12 points Fx - 11-0 points	
<b>Learning outcomes of the course:</b> Course Objective: 1. To introduce students to a range of assistive technologies, communication tools and online systems that social workers can use to deliver services.	

2. Explore how information and communication technologies (ICTs) affect individuals, families and communities.
3. Explain to clients the technologies that are used in everyday life to meet their needs.

Learning outcomes:

After completing the course, the student will acquire the following knowledge, skills and competences:

Knowledge:

- Gain an overview of the technologies and applications that enable online social work
- Understanding the online and technology needs of people using services (clients/service users)
- Understanding communication tools and platforms
- Familiarity with online client protection
- Knowing how to safely share appropriate data with colleagues

Skills:

- Provision of services through digital technologies and online platforms
- Act in the best interests of clients when using technology
- Content creation on online platforms and social media
- Assessing the validity and reliability of information
- Strategies for obtaining information from the online environment

Competencies:

- By completing the course, the student will be able to use a wide range of digital tools to deliver social work interventions. The student will be able to analyse the digital needs of clients and support their digital competences.
- Prepare for ethical decision-making in the online world
- Will be able to encourage and instruct clients to perform everyday tasks online (e.g., posting a message on Facebook, applying for a job online, paying bills using an app, etc.)

### **Course contents:**

1 Overview of digital technologies in social work 1

Electronic systems (software) to facilitate the day-to-day work of social workers (e.g. email, electronic case management systems, calendaring and team collaboration technologies such as SharePoint)

Online resources for professionals and people using social work services (e.g. apps and websites)

Assistive technologies for clients (e.g. communication aids and robots).

2 Overview of digital technologies in social work 2

Social media interfaces (e.g. Twitter, Facebook, Snapchat, Skype, WhatsApp) used by social workers and clients

Working with information - how information, including large files, is used and analysed, how data is used to determine aggregate need and to monitor and improve services

Data protection, privacy and the use of personal, identifiable data - e.g. how social workers hold and use information about people who contact services to improve their direct care or share information about them with professionals

3 Overview of digital technologies in social work 3

Information management (e.g. search, retrieval, online information, data security and access issues)

Hardware (e.g. smartphones and web-enabled laptops)

Online learning (e.g. professional e-learning, online courses, webinars, online communities of practice)

4 Digital literacy for social workers: instrumental skills, structural skills, strategic skills.

5 Understanding the online and technology needs of people using services (different client groups)

6 Service delivery through digital technologies (online social work interventions).

7 Ethical decision-making: ethical decisions, ethical mistakes

8 Online protection (risks associated with the use of digital technologies for children and adults)

**Recommended or required literature:**

**Language of instruction:**

Slovak (English to read some publications)

**Notes:**

**Course evaluation:**

Assessed students in total: 1

A	B	C	D	E	FX
0.0	100.0	0.0	0.0	0.0	0.0

**Name of lecturer(s):** Mgr. Daniel Markovič, PhD.

**Last modification:** 22.08.2022

**Supervisor(s):**

Person responsible for the delivery, development and quality of the study programme:

doc. PhDr. Markéta Rusnáková, PhD.

## COURSE INFORMATION SHEET

<b>University:</b> Catholic University in Ružomberok	
<b>Faculty:</b> Faculty of Education	
<b>Course code:</b> KSP/Sc-BE126A/22	<b>Course title:</b> Diversity and inclusion
<b>Type and range of planned learning activities and teaching methods:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Recommended study range:</b> <b>hours weekly:</b> <b>hours per semester:</b> 12s / 4s <b>Teaching method:</b> on-site	
<b>Credits:</b> 5	<b>Working load:</b> 125 hours
<b>Recommended semester/trimester:</b> 6.	
<b>Level of study:</b> I.	
<b>Prerequisites:</b>	
<b>Requirements for passing the course:</b> Course completion requirements and method of verification of acquired knowledge, skills and competences: Active participation in seminars and preparation of group assignments during the semester: 30% of the student's total grade Attendance and quality of active participation in seminars: active participation in the formulation and analysis of problems, evaluated correctness of speech, completeness, argumentation, dialogue with other group members; completion of individual and group tasks, presentation of practical tasks; The evaluation of the intermediate tasks is as follows: 10: excellent knowledge and skills acquired during the tasks. 9: very good; 8: well, there may be some minor errors. 7: average knowledge and skills, there are errors in the tasks. 6: Knowledge and skills are below average; there are (significant) errors in the tasks. 5: Knowledge and skills still meet the minimum requirements. Lots of mistakes. 4-0: minimum requirements not met. A student can earn 10 points if he/she completes an Erasmus+ mobility Student's final grade at the end of the semester: 70% A final essay in one of the course areas (20,000 characters of actual text) that will be made available to students during the semester; The assessment will consider the completeness and clarity of the content of the essay; the fulfilment of academic writing requirements; and the quality of the analysis. The assessment will take into account the student's independence in the preparation of the essay. The final assessment will take into account the independent preparation of the solution to the assignment/essay/case, which will require the student to analyse the problem/topic stated in the set assignment using the learned frameworks. Course evaluation: A - 100%-93% B - 92%-85% C - 84%-77% D - 76%-69%	



E - 68%-60%

Fx - 59%- 0%

**Learning outcomes of the course:**

Course Objective:

Learning outcomes:

After completing the course, the student will acquire the following knowledge, skills and competences:

- The student will be able to: understand, critically analyse and evaluate the contribution of different social science and humanities theories as well as domestic and international knowledge to micro and macro practice and research on diversity and inclusion;
- be able to analyse, critically evaluate and improve policy decisions regarding their impact on people in all sectors, especially in the fields of nature, employment, education, health and social inclusion;
- will be able to choose appropriate strategies and methods in model situations of inclusive environments;
- will be able to assess the potential impact of applied strategies and methods on the company's processes according to the types of diversity;
- Identify and apply methods to promote the concepts of inclusion, diversity and equality in youth work practice in order to counter discrimination and inequalities affecting young people.

**Course contents:**

Course contents:

- Introduction to the subject - Definition of the terms diversity , inclusion, equality, Types of diversity, Historical and philosophical foundations of understanding diversity and inclusion, Anthropological - value bases and ethical principles of the optimal model of inclusion;
- Cultural differences in Europe - different perspectives on diversity, inclusion and equality
- Inclusion, diversity and equality legislation - international and national legislation in the context of diversity, inclusion and equality in general;
- Documents, strategies and other formal support for inclusive practice of youth work organisations
- Spontaneity and informal learning in the development of inclusive practice in organisations
- Erasmus+ inclusion and diversity strategies
- Discrimination and anti-discrimination practice

**Recommended or required literature:**

Recommended literature:

Lechta, V. [ed.]: Základy inkluzivní pedagogiky. Praha, Portál 2010.

Bullock, S., Brestovansky, M. and Lenco, P. (2016). Inclusion Diversity and Equality in Youth Work – The Principles and Approaches. Cheltenham: University of Gloucestershire. Retrieved from <http://rideproject.eu/media/ride-the-principles-approaches-en.pdf>

Preklad: Bullock, S., Brestovanský, M. & Lenčo, P. (2016). Inklúzia, rôznorodosť a rovnosť v práci s mládežou. Trnava: PdF TU. Dostupné na <http://pdf.truni.sk>

Moree, D. Základy interkulturního soužití. Praha: Portál, 2015, 1. vyd., 204 s. ISBN 978-80-262-0915-7

Bullock, S., Brestovanský, M. & Lenčo, P. (2016). Inklúzia, rôznorodosť a rovnosť v práci s mládežou. Trnava: PdF TU. Dostupné na <http://pdf.truni.sk>

Výrost, J. (2011). Atlas európskych hodnôt. Košice: SAV. Dostupné na [http://www.svusav.sk/data/uploads/publikacie/atlas\\_europських\\_hodnot.pdf](http://www.svusav.sk/data/uploads/publikacie/atlas_europських_hodnot.pdf)

Mistrík, E. (1999). Kultúra a multikultúrna výchova. Bratislava: IRIS. <http://www.atlasofeuropeanvalues.eu/new/home.php?lang=sk>

Európska komisia. (2014). Erasmus + Stratégia začlenenie a rôznorodosti. Dostupné na [https://ec.europa.eu/programmes/erasmus-plus/sites/erasmusplus/files/youth-inclusion-diversity-strategy\\_sk.pdf](https://ec.europa.eu/programmes/erasmus-plus/sites/erasmusplus/files/youth-inclusion-diversity-strategy_sk.pdf)

**Language of instruction:****Notes:****Course evaluation:**

Assessed students in total: 18

A	B	C	D	E	FX
22.22	0.0	44.44	5.56	22.22	5.56

**Name of lecturer(s):** Mgr. Júlia Bačkorová, PhD.

**Last modification:** 25.08.2022

**Supervisor(s):**

Person responsible for the delivery, development and quality of the study programme:

doc. PhDr. Markéta Rusnáková, PhD.

## COURSE INFORMATION SHEET

<b>University:</b> Catholic University in Ružomberok	
<b>Faculty:</b> Faculty of Education	
<b>Course code:</b> KSP/Sc- BE123A/22	<b>Course title:</b> Employment Policy
<b>Type and range of planned learning activities and teaching methods:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Recommended study range:</b> <b>hours weekly:</b> <b>hours per semester:</b> 12s / 4s <b>Teaching method:</b> on-site	
<b>Credits:</b> 5	<b>Working load:</b> 125 hours
<b>Recommended semester/trimester:</b> 5.	
<b>Level of study:</b> I.	
<b>Prerequisites:</b>	
<b>Requirements for passing the course:</b> Within the implementation of the course methods of lecture, discussion, group work of students, independent work of students, work with video, work with statistics and Internet resources are used. Verification of the degree of acquisition of the relevant knowledge, skills and competences of the student is carried out on the basis of theoretical and practical examinations during the semester teaching of the subject and during the examination period. The student is obliged to participate in the exercises. A maximum of 3 absences per semester are accepted. During the semester, students will solve assigned problems in the exercises. Ongoing assignments focus on skills for managing one's own career and career counseling. External students will submit a written paper describing the implementation and results of the assignments. The final assessment will be a closed-question test (ABCD). The test examines the level of acquisition of theoretical knowledge in the field of employment policy, career guidance and orientation in the Employment Services Act. The test is conducted electronically via an online platform. 20 points in the structure can be obtained for passing the course: - 10 points per test - 4 points for active participation - 6 points for completing the tasks during the exercises. The minimum number of points required to pass the course is 12. Course evaluation: A - 20-19 points B - 18-17 points C - 16-15 points D - 14-13 points E - 12 points Fx - 11-0 points	
<b>Learning outcomes of the course:</b> Course Objective: The aim of the course is to introduce students to the topics of employment policy and employment services. At the same time, the course provides practical exercises and allows students to experience career counselling and skills for managing their own careers.	

<p>Learning outcomes:</p> <p>After completing the course, the student will acquire the following knowledge, skills and competences:</p> <p>Knowledge</p> <p>The student knows the knowledge of the social security system and social insurance, employment services.</p> <p>Knows the basic characteristics and specific features of individual social work client groups.</p> <p>Competencies</p> <p>The student is able to provide information and advisory services and perform professional activities in the field of employment services.</p> <p>Skills</p> <p>The student will learn to develop career management skills.</p>					
<p><b>Course contents:</b></p> <p>Employment Policy.</p> <p>Work and the labour market.</p> <p>Labour market: liberal approach, Keynesianism, monetarism (neoliberalism), Marxism.</p> <p>Employment, unemployment, causes and effects of unemployment, types of unemployment.</p> <p>Approaches to unemployment in economic theories.</p> <p>Tracking and measuring unemployment.</p> <p>Employer and employee. Self-employed person, jobseeker and jobseeker, disadvantaged jobseeker.</p> <p>Employment services, active labour market measures.</p> <p>Social work with the unemployed.</p> <p>Career counselling, skills for managing your own career.</p>					
<p><b>Recommended or required literature:</b></p>					
<p><b>Language of instruction:</b></p> <p>Slovak</p>					
<p><b>Notes:</b></p>					
<p><b>Course evaluation:</b></p> <p>Assessed students in total: 31</p>					
A	B	C	D	E	FX
12.9	48.39	19.35	16.13	3.23	0.0
<p><b>Name of lecturer(s):</b> Mgr. Daniel Markovič, PhD., JUDr. Juraj Čech, PhD., Mgr. Júlia Bačkorová, PhD.</p>					
<p><b>Last modification:</b> 22.08.2022</p>					
<p><b>Supervisor(s):</b></p> <p>Person responsible for the delivery, development and quality of the study programme: doc. PhDr. Markéta Rusnáková, PhD.</p>					

## COURSE INFORMATION SHEET

<b>University:</b> Catholic University in Ružomberok	
<b>Faculty:</b> Faculty of Education	
<b>Course code:</b> KSP/Sc-BE105B/22	<b>Course title:</b> Field Social Work
<b>Type and range of planned learning activities and teaching methods:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Recommended study range:</b> <b>hours weekly:</b> <b>hours per semester:</b> 4s / 4s <b>Teaching method:</b> on-site	
<b>Credits:</b> 4	<b>Working load:</b> 100 hours
<b>Recommended semester/trimester:</b> 7.	
<b>Level of study:</b> I.	
<b>Prerequisites:</b>	
<b>Requirements for passing the course:</b> During the semester, students undergo theoretical training, visit the field and get to know the work of field social workers in specific environments. At the same time they identify a model of functioning of field social work in Slovakia, from strategic documents to practice, which they process and present in the form of a term paper. They will receive a maximum of 30 % for the semester paper and a maximum of 70 % for the final written examination. In the case of part-time study, there will be a written examination (max. 100%). The final assessment for full-time students will be based on the total number of points obtained in the exercises and the written examination. The student knows the terminology in the field of field social work and can define the standards and legislative framework in the performance of field social work. Understands the stages of working with clients and methods of field social work. 3. Applies acquired knowledge in mapping and assessing community needs in the context of field social work. Course evaluation: A - 100%-93% B - 92%-85% C - 84%-77% D - 76%-69% E - 68%-60% Fx - 59%- 0%	
<b>Learning outcomes of the course:</b> Aim of the course: to understand the principles of social work in the field, its background and practical division - according to the type and target groups. To acquire information about types and methods of field social work with application to specific target groups. Theoretical knowledge: field social work (objectives, specifics, types), target groups at risk, methods of field social work, organisation (designing and financing) of field social work. Practical skills: Differentiation and ability to apply methods of social work with individual target groups in their natural social environment. Learning outcomes: to provide students with basic knowledge about the importance of field social work.	

They will acquire the skills of processing professional knowledge, information obtained about the client from the fieldwork, which is an important method in cooperation with other professionals in favor of successful solution of social problems of clients. Practical skills: to master the procedures for strategic ways of solving client's social problems in field social work.

**Course contents:**

- Concept, mission and types of field social work.
- 2. Community social services - theoretical background
- 3. Field social work in the environment of local government - theory and practice.
- 4. Field social work in the framework of charity activities.
- 5. Cooperation and networking in field social work.
- 6. Target groups of field social work - approaches, principles.
- 7. Community social services - practice (field programmes, projects)
- 8. Field social work in Slovakia - model of functioning, strategic documents.
- 9. Independent field social work ("streetwork") - approaches, goals, methods
- 10. Field social work in the context of the social work mission
- 11. Direct, indirect, overlapping work.

**Recommended or required literature:**

**Language of instruction:**

Slovak

**Notes:**

**Course evaluation:**

Assessed students in total: 0

A	B	C	D	E	FX
0.0	0.0	0.0	0.0	0.0	0.0

**Name of lecturer(s):** Mgr. Júlia Bačkorová, PhD.

**Last modification:** 26.08.2022

**Supervisor(s):**

Person responsible for the delivery, development and quality of the study programme:  
doc. PhDr. Markéta Rusnáková, PhD.

## COURSE INFORMATION SHEET

<b>University:</b> Catholic University in Ružomberok	
<b>Faculty:</b> Faculty of Education	
<b>Course code:</b> KSP/Sc-BE107A/22	<b>Course title:</b> Field experience - study visits
<b>Type and range of planned learning activities and teaching methods:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Recommended study range:</b> <b>hours weekly:</b> <b>hours per semester:</b> 4s / 16s <b>Teaching method:</b> on-site	
<b>Credits:</b> 5	<b>Working load:</b> 125 hours
<b>Recommended semester/trimester:</b> 2.	
<b>Level of study:</b> I.	
<b>Prerequisites:</b>	
<b>Requirements for passing the course:</b> Participation in full professional practice. This includes the processing of the professional practice record into a portfolio. Course evaluation: A - 100%-93% B - 92%-85% C - 84%-77% D - 76%-69% E - 68%-60% Fx - 59%- 0%	
<b>Learning outcomes of the course:</b> Course Objective: To introduce students, through group rotational, cyclical practice coupled with professional interpretation, to social work practice. Individual excursions are organized so that the student learns about social service facilities according to age, subject, organizational structure of services. This includes evaluation and analysis of the facts obtained and record keeping. At the same time, they become familiar with the system of public administration in Slovakia. Learning outcomes: After completing the course, the student will acquire the following knowledge, skills and competences: Graduate Knowledge: The graduate has knowledge of theoretical models of professional practice. He/she knows the social services facilities, practical social work with target groups. Graduate Skills: Can identify the relevance of social policy to the professional practice of social work and use knowledge of law, psychology, philosophy, sociology and pedagogy to practice social work and develop social work knowledge. Graduate Competencies: Acts ethically in the practice of social work.	
<b>Course contents:</b>	

1. Introduction to the issue of professional practices
2. Structure of written practice records
3. Student's behaviour during the internship, observance of OSH, observance of the SP Code of Ethics
4. Visits to social service facilities by target groups, public administration organisations and third sector organisations
5. Keeping records of professional practice

**Recommended or required literature:**

- TRUHLÁŘOVÁ, Z. 2015. Odborné praxe v kontextu pregraduální přípravy sociálních pracovníků. Hradec Králové: Gaudeamus. 2015. ISBN 978-80-7435-412-0
- SKYBA, M., ŠOLTÉSOVÁ, D. 2014. Service-learning vo vzdelávaní (školských) sociálnych pracovníkov a pracovníčok. Prešov: AFPh UP, 2014, 149 s. ISBN 978-80-555-1156-6
- HAVRDOVÁ, Z. 1999. Kompetence v praxi sociální práce. Praha: Osmium, 1999, 167 s. ISBN 80- 902081-8-5
- PRUŽINSKÁ, J. a kol. 2011. Inšpirácie pre prax sociálnej práce. Bratislava: IRIS, 2011. 235 s. ISBN 978-80-89238-53-8
- MÁTEL, A. 2016. Etické kódexy sociálnej práce. Bratislava: Spoločnosť pre rozvoj sociálnej práce. 2016. 226 s. ISBN 978-80-971445-8-6
- TRUHLÁŘOVÁ, Z., LEVICKÁ, K. 2011. Od teorie k praxi, od praxe k teorii : sborník z konference VIII. Hradecké dny sociální práce. Hradec Králové: Gaudeamus, 2012. 682 s. ISBN 978-80-7435-138-9
- KAMANOVÁ, I., ZRUBÁKOVÁ, K. 2009. Prínos študentskej odbornej praxe v sociálnej práci, ošetrovatel'stve a pôrodnej asistencii: zborník referátov z medzinárodnej odbornej konferencie: 19. novembra 2008. Ružomberok: Pedagogická fakulta a Fakulta zdravotníctva Katolíckej univerzity, 2009. 191 s. ISBN 978-80-8084-458-5
- KAMANOVÁ, I., RUSNÁKOVÁ, M. 2007. Význam študentskej odbornej praxe pre prípravu sociálnych pracovníkov. Ružomberok : Katolícka univerzita, 2007. 60 s. ISBN 978-80-8084-208-6
- HAWKINS, P. 2004. Supervize v pomáhajících profesiách. Praha: Portál, 2004, 216 s. ISBN 978-80-7178-715-9
- VASKA, L. 2012. Teoretické aspekty supervízie začínajúcich sociálnych pracovníkov. Bratislava: Iris, 2012, 176 s. ISBN 978-80-89238-70-5

**Language of instruction:**

slovak

**Notes:**

**Course evaluation:**

Assessed students in total: 19

A	B	C	D	E	FX
63.16	21.05	15.79	0.0	0.0	0.0

**Name of lecturer(s):** PhDr. Lenka Štefáková, PhD.

**Last modification:** 25.08.2022

**Supervisor(s):**

Person responsible for the delivery, development and quality of the study programme:  
doc. PhDr. Markéta Rusnáková, PhD.



## COURSE INFORMATION SHEET

<b>University:</b> Catholic University in Ružomberok	
<b>Faculty:</b> Faculty of Education	
<b>Course code:</b> KSP/Sc- BE104A/22	<b>Course title:</b> Foundations of law for social work
<b>Type and range of planned learning activities and teaching methods:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Recommended study range:</b> <b>hours weekly:</b> <b>hours per semester:</b> 12s / 4s <b>Teaching method:</b> on-site	
<b>Credits:</b> 5	<b>Working load:</b> 125 hours
<b>Recommended semester/trimester:</b> 1.	
<b>Level of study:</b> I.	
<b>Prerequisites:</b>	
<b>Requirements for passing the course:</b> Students will be assessed by oral examination. Course evaluation: A - 100%-93% B - 92%-85% C - 84%-77% D - 76%-69% E - 68%-60% Fx - 59%- 0%	
<b>Learning outcomes of the course:</b> Course Objective: To introduce students to the basic institutions of administrative and criminal law, as well as the EU social policy system. The aim of the course is to teach the graduate to compare the social policy of the Slovak Republic with the individual social policies within the EU in relation to the basic social documents adopted by the EU bodies. Learning outcomes: After completing the course, the student will acquire the following knowledge, skills and competences: Graduate Knowledge: - The graduate possesses knowledge of individual areas of the field of study and its interdisciplinary contexts at the level of synthesis, namely the basics of theories, methods and forms social work in direct and mediated work with social work client groups, the basics of philosophy, ethics, sociology, psychology, pedagogy and law, social policy. Graduate Skills: - The graduate is able to find, address, motivate for cooperation and independently assess the life situation of the client/clients with regard to the specifics and needs of the respective group and determine the degree of social risk of his/her/their life situation.	
<b>Course contents:</b> Administrative law and norms of administrative law. 2. Issues of self-government.	

3. Central and local government and control mechanisms in government.
4. Offences, administrative offences and compensation for damages by public authorities.
5. Administrative proceedings.
6. Criminal law and criminal liability.
7. Criminal offences. Types of penalties and protective measures. Punishment of juveniles.
8. Jurisdiction of courts in criminal proceedings. Criminal law enforcement authorities.
9. Evidence and remedies in criminal proceedings.
10. Basic documents in the EU after the Maastricht Treaty.
11. Slovakia's accession to the EU.
12. Lisbon Treaty. European Social Charter.
13. Social law in the EU.
14. Schengen area.
15. Common and exclusive EU and national issues.
16. Issues of today's EU.
17. A federation under construction vs. an EU confederation.

**Recommended or required literature:**

1. IVOR, J., ZÁHORA, J. Repetitóriium rekodifikovaného trestného práva. Bratislava: Iura edition, 2009.
2. KARAS, V., KRÁLIK, A. Európske právo. Bratislava: Iura edition, 2007.
3. MAZÁK, J., JÁNOŠÍKOVÁ, M. Lisabonská zmluva : ústavný systém a súdna ochrana. Bratislava: Iura edition, 2011.
4. ŠKULTÉTY, P. Verejná správa a správne právo. Bratislava: Veda, 2011.
5. VRABKO, M. a kol. Správne právo hmotné. Bratislava: UK v Bratislave, 2012.
6. Európska sociálna charta: <https://www.employment.gov.sk/files/legislativa/dokumenty-zoznamy-pod/europska-socialna-charta-revidovana.pdf>
7. Lisabonská zmluva: [https://eur-lex.europa.eu/legal-content/SK/TXT/?uri=uriserv%3AOJ.C\\_2007.306.01.0001.01.SLK&toc=OJ%3AC%3A2007%3A306%3ATOC](https://eur-lex.europa.eu/legal-content/SK/TXT/?uri=uriserv%3AOJ.C_2007.306.01.0001.01.SLK&toc=OJ%3AC%3A2007%3A306%3ATOC)
4. Zákon NR SR č. 369/1990 Z. z. o obecnom zriadení v platnom znení
5. Zákon NR SR č. 302/2001 Z. z. o samospráve vyšších územných celkov v platnom znení
6. Zákon č. 71/1967 Z. z. o správnom konaní v platnom znení
7. Zákon NR SR č. 372/1990 Z. z. o priestupkoch v platnom znení
8. Zákon NR SR č. 514/2003 Z. z. o zodpovednosti za škodu pri výkone verejnej moci v platnom znení
9. Zákon NR SR č. 300/2005 Z. z. trestný zákon v platnom znení
10. Zákon NR SR č. 301/2005 Z. z. trestný poriadok v platnom znení

**Language of instruction:**

slovak

**Notes:**

**Course evaluation:**

Assessed students in total: 19

A	B	C	D	E	FX
26.32	36.84	10.53	15.79	10.53	0.0

**Name of lecturer(s):** JUDr. Juraj Čech, PhD.

**Last modification:** 26.08.2022

**Supervisor(s):**

Person responsible for the delivery, development and quality of the study programme:



## COURSE INFORMATION SHEET

<b>University:</b> Catholic University in Ružomberok	
<b>Faculty:</b> Faculty of Education	
<b>Course code:</b> KSP/Sc- BE120A/22	<b>Course title:</b> Fundamentals of Methodology and Statistics in Social Work
<b>Type and range of planned learning activities and teaching methods:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Recommended study range:</b> <b>hours weekly:</b> <b>hours per semester:</b> 12s / 4s <b>Teaching method:</b> on-site	
<b>Credits:</b> 7	<b>Working load:</b> 175 hours
<b>Recommended semester/trimester:</b> 5.	
<b>Level of study:</b> I.	
<b>Prerequisites:</b>	
<b>Requirements for passing the course:</b> Verification of the degree of acquisition of the relevant knowledge, skills and competences of the student is carried out on the basis of theoretical and practical examinations during the semester teaching of the subject. Verification will be carried out during the semester on the basis of set assignments presented in the exercises (20% of the total mark - maximum score of 20 points), on the basis of a year's work (40% of the total mark - maximum score of 40 points) and an oral examination (40% of the total mark - maximum score of 40 points). Assignments presented during the semester: at the beginning of the semester, each student will be given a list of assignments that will be reviewed throughout the semester (related to the topic to be covered). The assignments will cover searching for relevant sources and data in the field of social research, searching for and understanding the results of quantitative and qualitative research, understanding the basic statistical operations in quantitative research: mean, median, mode, standard deviation, etc. Year paper: the student will produce a year paper of at least 15 pages, which will include, among other things, a research project. The detailed requirements to be fulfilled in the year paper will be made available to students via Moodle. Oral examination: the oral examination will consist of a range of topics covering the basics of methodology and statistics. Students will be provided with a course syllabus outlining the required knowledge. The syllabi will be available via Moodle.	
<b>Learning outcomes of the course:</b> <b>Knowledge:</b> - Students will be proficient in the fundamentals of methodology and statistics in the social sciences and social work, <b>Skills:</b> - Students will be able to design a simple research project to investigate a specific problem in social work - Students will be able to search for relevant sources and verifiable data related to social research, - Students will be able to write a year-long paper that includes a review of sources and the essential parts of a research project - Students will have an understanding of quantitative and qualitative studies,	

**Competencies:**

- Students will know and be able to articulate the basic steps in the research process and be able to formulate a research project.

**Course contents:**

1. Definition of science, possibilities and limits of scientific knowledge, basic concepts in research.
2. Basic ethical principles of scientific work.
3. Qualitative and quantitative research, understanding quantitative and qualitative studies, searching for relevant literature needed to design a research project.
4. Fundamentals of scientific writing.
5. Qualitative and quantitative research design strategies.
6. Operationalization with a focus on identifying variables.
7. Basic statistical operations in quantitative research with a focus on measures of location, measures of variability, and measures of shape.
8. Normal distribution of data, Gaussian curve.

**Recommended or required literature:**

1. Almašiová, A., Kohútová, K.: Štatistické spracovanie dát sociálneho výskumu v programe SPSS, Ružomberok: Verbum 2016.
2. Almašiová, A., Kohútová, K.: Tvorba a štatistické vyhodnotenie dotazníka. Ružomberok: Verbum, 2014.
3. Tomšík, R. Kvantitatívny výskum v pedagogických vedách. Nitra: Univerzita Konštantína Filozofa v Nitre, 2017.
4. Ferjenčík, J. Úvod do metodologie psychologického výzkumu. Praha: Portál, 2010.
5. Hendl, J.: Přehled statistických metod zpracování dat: analýza a metaanalýza dat. Praha: Portál, 2006.
6. Rimarčík, M. Štatistika pre prax. Košice: Marián Rimarčík, 2007.

**Language of instruction:**

Slovak

**Notes:****Course evaluation:**

Assessed students in total: 17

A	B	C	D	E	FX
5.88	47.06	17.65	29.41	0.0	0.0

**Name of lecturer(s):** doc. PhDr. Angela Almašiová, PhD.

**Last modification:** 19.07.2022

**Supervisor(s):**

Person responsible for the delivery, development and quality of the study programme:  
doc. PhDr. Markéta Rusnáková, PhD.

## COURSE INFORMATION SHEET

<b>University:</b> Catholic University in Ružomberok	
<b>Faculty:</b> Faculty of Education	
<b>Course code:</b> KSP/Sc- BE101A/22	<b>Course title:</b> Pedagogical-psychological background for social work 1
<b>Type and range of planned learning activities and teaching methods:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Recommended study range:</b> <b>hours weekly:</b> <b>hours per semester:</b> 12s / 4s <b>Teaching method:</b> on-site	
<b>Credits:</b> 5	<b>Working load:</b> 125 hours
<b>Recommended semester/trimester:</b> 1.	
<b>Level of study:</b> I.	
<b>Prerequisites:</b>	
<b>Requirements for passing the course:</b> Conditions for completion of the course and the subject and the method of verification of the acquired knowledge, skills and competences: Continuous assessment: active work on exercises consisting in creative solution of assigned tasks focused on the application of psychological knowledge, min. 80% participation in exercises. The student can obtain a maximum of 30 points in the intermediate assessment phase. The following will be evaluated: a) quality and consistency of the student's preparation for the assignment, b) quality, precision, creativity of the assignment, c) ability to present the results of the student's work, the ability of professional discussion of the assignment. From each area the student can obtain from min. 0 to max. 10 points according to the quality, complexity, originality of the task solution. Final assessment: a final oral examination from which the student may obtain a maximum of 70 points. The overall grade will be the sum of the points obtained in the continuous assessment and the final oral examination. Course evaluation: A - 100 %-93 % B - 92 %-85 % C - 84 %-77 % D - 76 %-69 % E - 68 %-60 % Fx - 59 %- 0 %	
<b>Learning outcomes of the course:</b> Course Objective: 1. Systematization of knowledge from the field of general and developmental psychology with regard to their application in the field of social work. 2. To provide social work students with basic knowledge in the areas of general education and special education. The course is primarily oriented towards knowledge of pedagogy applicable to the social sphere. Learning outcomes: After completing the course, the student will acquire the following knowledge, skills and competences: Knowledge:	

The student will acquire the theoretical and methodological foundations of general psychology, thus gaining the prerequisites for understanding and studying other psychological disciplines.

The student will gain theoretical knowledge concerning the background, laws and specifics of the development of the individual.

The graduate possesses knowledge of individual areas of the field of study and its interdisciplinary contexts at the level of synthesis, specifically in pedagogy.

Skills:

The graduate is able to adequately and creatively apply the acquired knowledge from general and developmental psychology in the field of social work. He/she adapts social work to the level of ontogenetic development of an individual and chooses working procedures in relation to it.

Can identify the relevance of pedagogy to the professional practice of social work and use knowledge of pedagogy to inform and develop social work practice.

Competencies

The graduate is able to provide information and counselling services, the acquired psychological and pedagogical knowledge and skills are competent to integrate into the solution of practical tasks arising from the practice of a social worker.

Verification of the level of acquired knowledge, skills and competences:

Verification of the degree of acquisition of relevant knowledge, skills and competences of the student is carried out on the basis of the assessment of activity and creativity during exercises (solving model problems, case studies, projects, etc.), and the final oral examination.

#### **Course contents:**

Course contents:

1. Psychology as a scientific discipline, the basic concepts of general psychology, the subject of psychology in terms of its main directions.
2. Perception and sensory cognition, attention.
3. Cognitive processes (thinking and imagination, learning and memory).
4. Motivation (complex theories of motivation, social motives) and emotions.
5. The subject and basic concepts of developmental psychology, laws of development, principles of contemporary developmental psychology.
6. Periodization of development, description of the characteristics of the sub-periods (prenatal development, newborn period, infant, toddler, preschooler development).
7. Younger school age pubescence and adolescence.
8. Adulthood, senium.
9. The use of knowledge from pedagogy in social work.
10. Characteristics and subdivision of pedagogy. Basic and borderline pedagogical disciplines. Collaborating disciplines. The subject of pedagogy.
11. Education. Education. Teaching. Phases of the teaching process.
12. Personality and profession of a teacher (lecturer).
13. Learning. Types of learning. Intelligence and types of intelligence. Mnemonics.
14. Fundamentals of didactics. Didactic principles. Didactic goals and methods. Teaching means.
15. Social pedagogue, social pedagogy. Context of social work and social pedagogy.
16. Fundamentals of special education.
17. Norm and normality in special education. Developmental anomalies.
18. Learning disabilities. Speech disorders. Behavioral disorders.

#### **Recommended or required literature:**

#### **Language of instruction:**

Slovak (English to read some publications)

<b>Notes:</b>					
<b>Course evaluation:</b> Assessed students in total: 21					
A	B	C	D	E	FX
9.52	23.81	19.05	19.05	14.29	14.29
<b>Name of lecturer(s):</b> PhDr. Mgr. Anna Masariková, PhD.					
<b>Last modification:</b> 22.08.2022					
<b>Supervisor(s):</b> Person responsible for the delivery, development and quality of the study programme: doc. PhDr. Markéta Rusnáková, PhD.					



## COURSE INFORMATION SHEET

<b>University:</b> Catholic University in Ružomberok	
<b>Faculty:</b> Faculty of Education	
<b>Course code:</b> KSP/Sc- BE108A/22	<b>Course title:</b> Pedagogical-psychological background for social work 2
<b>Type and range of planned learning activities and teaching methods:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Recommended study range:</b> <b>hours weekly:</b> <b>hours per semester:</b> 12s / 4s <b>Teaching method:</b> on-site	
<b>Credits:</b> 7	<b>Working load:</b> 175 hours
<b>Recommended semester/trimester:</b> 2.	
<b>Level of study:</b> I.	
<b>Prerequisites:</b>	
<b>Requirements for passing the course:</b> Conditions for completion of the course and the subject and the method of verification of the acquired knowledge, skills and competences: Continuous assessment: active work on exercises consisting in creative solution of assigned tasks focused on the application of psychological knowledge, min. 80% participation in exercises. The student can obtain a maximum of 30 points in the intermediate assessment phase. The following will be evaluated: a) quality and consistency of the student's preparation for the assignment, b) quality, precision, creativity of the assignment, c) ability to present the results of the student's work, the ability of professional discussion of the assignment. From each area the student can obtain from min. 0 to max. 10 points according to the quality, complexity, originality of the task solution. Final assessment: a final oral examination from which the student may obtain a maximum of 70 points. The overall grade will be the sum of the points obtained in the continuous assessment and the final oral examination. Course evaluation: A - 100%-93% B - 92%-85% C - 84%-77% D - 76%-69% E - 68%-60% Fx - 59%- 0%	
<b>Learning outcomes of the course:</b> Aim of the course: systematization of knowledge from the field of social psychology, psychopathology and psychology of personality with regard to their application in the field of social work. Learning outcomes: After completing the course, the student will acquire the following knowledge, skills and competences: Knowledge: The graduate acquires theoretical knowledge in the field of social psychology, orientates in the basic components of social interaction. He/she will also become familiar with the International Classification of Mental Illnesses and will be oriented in the basic symptoms, manifestations	

and possibilities of treatment and therapy of selected mental illnesses. The graduate will become familiar with the various theories of personality, their background, characteristics and context.

**Skills:**

The graduate is able to apply the acquired psychological knowledge adequately and creatively in the field of social work. In the counselling process, he/she can take into account the specifics of social perception, communication, and orientation in various manifestations of social behaviour. Knows the basic symptoms of selected mental disorders, orientates in the issue of personality traits, their theoretical background and possibilities of their identification.

**Competencies**

The graduate is able to provide information and counselling services, the acquired psychological knowledge and skills are competent to integrate into the solution of practical tasks arising from the practice of a social worker.

Verification of the level of acquired knowledge, skills and competences:

Verification of the degree of acquisition of relevant knowledge, skills and competences of the student is carried out on the basis of the assessment of activity and creativity during exercises (solving model problems, case studies, projects, etc.) and the final oral examination.

**Course contents:**

1. Introduction to the study of social psychology.
2. Socialization (primary, secondary, social learning, socialization disorders).
3. Social perception (accuracy and errors of social perception, attribution theories, self-perception).
4. Social communication (verbal, non-verbal communication, communication, barriers to communication).
5. Social attitudes (structure, function, change, cognitive dissonance, ethnic attitudes and biases, measurement of attitudes).
6. Social role, social behaviour (role - Zimbardo's experiment, aggressive behaviour - Milgram, cooperative behaviour, manipulative behaviour, conformity - Asch).
7. Social groups (classification, function and meaning, development, group dynamics, leadership).
8. Psychopathology (ICD 10).
9. Endogenous and exogenous causes of mental disorders.
10. Stressful situations and their effects (frustration, conflict, stress, crisis, trauma, deprivation).
11. Protective factors (frustration tolerance, coping, defence mechanisms).
12. Neurotic and anxiety disorders (generalized anxiety disorder, panic anxiety disorder, phobic anxiety disorder, obsessive-compulsive disorder).
13. Pervasive developmental disorders (autism, Heller syndrome, Asperger syndrome, Rett syndrome).
14. Mental disability, dementia.

**Recommended or required literature:**

**Language of instruction:**

slovak

**Notes:**

**Course evaluation:**

Assessed students in total: 20

A	B	C	D	E	FX
5.0	10.0	20.0	20.0	30.0	15.0

**Name of lecturer(s):** PhDr. Mgr. Anna Masariková, PhD.

**Last modification:** 23.08.2022

**Supervisor(s):**

Person responsible for the delivery, development and quality of the study programme:

doc. PhDr. Markéta Rusnáková, PhD.

## COURSE INFORMATION SHEET

<b>University:</b> Catholic University in Ružomberok	
<b>Faculty:</b> Faculty of Education	
<b>Course code:</b> KSP/Sc-BE100A/22	<b>Course title:</b> Philosophical and Historical Foundations of Social Work
<b>Type and range of planned learning activities and teaching methods:</b> <b>Form of instruction:</b> Lecture <b>Recommended study range:</b> <b>hours weekly:</b> <b>hours per semester:</b> 12s <b>Teaching method:</b> on-site	
<b>Credits:</b> 4	<b>Working load:</b> 100 hours
<b>Recommended semester/trimester:</b> 1.	
<b>Level of study:</b> I.	
<b>Prerequisites:</b>	
<b>Requirements for passing the course:</b> Within the implementation of the course are used methods of lecture, discussion, independent work of the student, work with video, work with a title from fiction. Verification of the extent to which the student has acquired the relevant knowledge, skills and competences is carried out by questions from the lecturer and discussions during lectures and by a test during the examination period. The final assessment will be a closed-question test (ABCD). The test examines the level of mastery of knowledge in the history of social work and philosophy. The test will also include questions on required readings. <b>Course evaluation:</b> A maximum of 20 points can be obtained for the test. The minimum number of points required to pass the course is 12. <b>Evaluation of the test:</b> A - 20-19 points B - 18-17 points C - 16-15 points D - 14-13 points E - 12 points Fx - 11-0 points Attendance at the lectures is not compulsory, but is discounted. For regular attendance (max. 3 absences per semester in case of full-time study and full attendance in case of part-time study) the student can get 2 bonus points.	
<b>Learning outcomes of the course:</b> <b>Course Objective:</b> The aim of the course is (1) to provide an overview of the historical development of social work from its simplest, i.e. spontaneous and unorganized forms of assistance through gradual institutionalization and professionalization to its current state, when it is understood not only as a professional profession, but also as an established scientific discipline. Another (2) aim of the course is to introduce students to the fundamentals of philosophical reasoning, to place social work in a broader philosophical context. <b>Learning outcomes:</b>	

After completing the course, the student will acquire the following knowledge, skills and competences:

**Knowledge:**

The student possesses knowledge of individual areas of the field of study and its interdisciplinary contexts at the level of synthesis, namely the foundations of philosophy and history of social work.

**Skills:**

The student can ask philosophical questions while observing social reality and understands how the ideas of philosophers have shaped society.

**Competencies:**

Can identify the importance of knowledge of the history of social work for the professional practice of social work and use knowledge of history and philosophy to practice social work and develop social work knowledge.

**Course contents:**

1. History and its periodization in terms of time, space; material definition. Critique of sources. 2. Narrower and broader understanding of the history of social work, history of aid. The subject of the history of social work. 3. Historical origins of solidarity. History of aid. Social history in the primitive religions of natural peoples.
4. Social history of ancient Mesopotamia and ancient Egypt. Social history of archaic Indo-Europeans. Social history of ancient Greece and Rome.
5. Help in Buddhism, Judaism, Christianity and Islam.
6. History of social work in the Middle Ages. Religious orders.
7. History of social work in modern times.
8. Modern history of social work.
9. History of social work in Slovakia.
10. History of social work by target groups.
11. Philosophical questions. Critical thinking. Basic areas of philosophy.
12. Different conceptions of man. Selected basic phenomena of human existence.
13. History of philosophical thought with emphasis on empiricism, rationalism, positivism, and existentialism.

**Recommended or required literature:**

**Language of instruction:**

Slovak (English to read some publications)

**Notes:**

**Course evaluation:**

Assessed students in total: 20

A	B	C	D	E	FX
15.0	10.0	20.0	45.0	10.0	0.0

**Name of lecturer(s):** Mgr. Daniel Markovič, PhD.

**Last modification:** 22.08.2022

**Supervisor(s):**

Person responsible for the delivery, development and quality of the study programme:  
doc. PhDr. Markéta Rusnáková, PhD.

## COURSE INFORMATION SHEET

<b>University:</b> Catholic University in Ružomberok	
<b>Faculty:</b> Faculty of Education	
<b>Course code:</b> KSP/Sc-BE102A/22	<b>Course title:</b> Social Policy
<b>Type and range of planned learning activities and teaching methods:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Recommended study range:</b> <b>hours weekly:</b> <b>hours per semester:</b> 12s / 4s <b>Teaching method:</b> on-site	
<b>Credits:</b> 4	<b>Working load:</b> 100 hours
<b>Recommended semester/trimester:</b> 1.	
<b>Level of study:</b> I.	
<b>Prerequisites:</b>	
<b>Requirements for passing the course:</b> Conditions for completion of the course and the subject and the method of verification of the acquired knowledge, skills and competences: Verification of the degree of acquisition of the relevant knowledge, skills and competences of the student is carried out on the basis of theoretical and practical examinations during the semester teaching of the subject. Participation and quality of active participation in lectures will be assessed: I will assess the student's activity in lectures: 1) adequate and thorough preparation for discussion; 2) readiness to answer theoretical questions; 3) working in groups and also individually. During the semester, students will present their term paper on an assigned topic ( social events and their coverage) for which a maximum of 25% can be earned. A second seminar paper will be prepared on the assigned topic after the eleventh lecture topic, where the student will be able to demonstrate the link between theoretical knowledge and practice, for which the student can earn a maximum of 25%. 50% will be awarded during the final oral examination. The final grade will be based on the total number of points obtained from the seminar papers, and from the oral examination. Course evaluation: A - 100%-93% B - 92%-85% C - 84%-77% D - 76%-69% E - 68%-60% Fx - 59%- 0%	
<b>Learning outcomes of the course:</b> The aim of the course: to provide students with basic knowledge about the social policy system in the Slovak Republic, its development, types, instruments and trends. To provide up-to-date information on the social security system in the Slovak Republic and its subsystems, information on the organisation of social systems - social administration. To provide information on social work in public administration in the sense of the legislation in force. Learning outcomes: after completing the course the student will acquire the following knowledge, skills and competences:	

**Knowledge:** the graduate possesses knowledge from individual areas of the field of study and its interdisciplinary contexts at the level of synthesis, namely from the basics of theories, methods and forms of social work in direct and mediated work with client groups of social work, from the basics of social policy.

The graduate has knowledge of the social security and social insurance system, the functioning of the social services system, social protection of children and social guardianship, assistance in material need, compensation for severe disabilities, employment services and the characteristics of poverty and social exclusion and concepts of social inclusion in interdisciplinary contexts.

**Skills:** the graduate can identify the importance of social policy for the professional performance of social work and use the knowledge of law, legal system in the social protection of citizens of the Slovak Republic with regard to the practice of social work and the development of its knowledge.

**Competences:** the graduate is able to provide information and advisory services and perform professional activities in the field of state social support contributions, social services and social curatorship, assistance in material need, cash contributions to compensate for severe disabilities, employment services.

**Course contents:**

1. Definition of social policy and related terms.
2. Types of social policy, welfare state.
3. Structure of objects and subjects of social policy, its content, principles and functions.
4. Social reforms and the contribution of social models: Bismarck, Beveridge, Myrdal.
5. Social events and their coverage.
6. Social security instruments: social insurance, state social support, social assistance.
7. Public institutions in the social system.
8. Organisation of public administration.
9. Social work at government level.
10. Social work at local government level.
11. Assistance in material and social distress.
12. Update of legislative norms in the Slovak Republic according to individual social events.

**Recommended or required literature:**

Recommended literature:

1. TOMEŠ, I.: Úvod do teorie a metodologie sociální politiky. Praha: Portál, 2010. 439 s. ISBN 978-80-736-768-0-3.
2. BOTEK, O. Sociální politika pre sociálnych pracovníkov. Piešťany: PN print, 2009. 109 s. ISBN 978-80-970-240-0-0.
3. TOMEŠ, I.: Sociální politika, teorie a mezin. zkušenost. Praha: Sociopress, 2001. 262 s. ISBN 80-864-8400-9.
4. POTŮČEK, M.: Sociální politika. Praha: Slon, 1995. ISBN 80-85850-01-X.
5. Zákony platné v celom systéme sociálnej ochrany, sociálneho zabezpečenia v SR

**Language of instruction:**

slovak

**Notes:**

**Course evaluation:**

Assessed students in total: 19

A	B	C	D	E	FX
31.58	21.05	31.58	10.53	5.26	0.0

**Name of lecturer(s):** doc. PhDr. Irena Kamanová, PhD., MHA

**Last modification:** 30.08.2022

**Supervisor(s):**

Person responsible for the delivery, development and quality of the study programme:

doc. PhDr. Markéta Rusnáková, PhD.



## COURSE INFORMATION SHEET

<b>University:</b> Catholic University in Ružomberok	
<b>Faculty:</b> Faculty of Education	
<b>Course code:</b> KSP/Sc-BE118A/22	<b>Course title:</b> Social Services
<b>Type and range of planned learning activities and teaching methods:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Recommended study range:</b> <b>hours weekly:</b> <b>hours per semester:</b> 12s / 4s <b>Teaching method:</b> on-site	
<b>Credits:</b> 6	<b>Working load:</b> 150 hours
<b>Recommended semester/trimester:</b> 4.	
<b>Level of study:</b> I.	
<b>Prerequisites:</b>	
<b>Requirements for passing the course:</b> Conditions for completion of the course and the subject and the method of verification of the acquired knowledge, skills and competences: Verification of the degree of acquisition of the relevant knowledge, skills and competences of the student is carried out on the basis of theoretical and practical examinations during the semester teaching of the subject. Participation and quality of active participation in lectures will be assessed: I will assess the student's activity in lectures: 1) adequate and thorough preparation for discussion; 2) readiness to answer theoretical questions; 3) working in groups and also individually. During the semester, students will present their term paper on the assigned topic after the completion of the sixth lecture circuit, for which a maximum of 25% can be earned. The second seminar paper will be presented on the assigned topic after the eleventh round of lecture topics, where the student will be able to demonstrate the link between theoretical knowledge and practice, for which the student can earn a maximum of 25%... 50% will be awarded during the final oral examination. The final grade will be based on the total points obtained from the seminar papers, and from the oral examination. Course evaluation: A - 100%-93% B - 92%-85% C - 84%-77% D - 76%-69% E - 68%-60% Fx - 59%- 0%	
<b>Learning outcomes of the course:</b> Course Objective: : To provide students with basic knowledge of the functions, forms and types of social services. To focus on social service providers (service registration) and social service recipients (target groups). Learning outcomes: Knowledge: the graduate has knowledge of the social security and social insurance system, the functioning of the social services system, social protection of children and social curatorship, assistance in material need, compensation for severe disabilities, employment services and the	

characteristics of poverty and social exclusion and concepts of social inclusion in interdisciplinary contexts.

Skills: the graduate is able to design the form and type of social service for a natural person according to the needs and degree of dependence.

Competences: the graduate is able to provide information and advisory services and perform professional activities in the field of sickness and pension benefits, state social support contributions, social services, socio-legal protection of children and social guardianship, assistance in material need, cash contributions to compensate for severe disabilities, employment services.

**Course contents:**

1. History of social services
2. Social services as a form of social assistance (social security subsystem)
3. Definition of the terms: provider, beneficiary, partnership, registration, assessment...
4. Forms of social services
5. Types of social services
6. Registration of social services
7. Social service planning
8. Individual planning of social services, community planning
9. Strategic documents at national and supranational level in social services planning
10. Differences in the provision of social services by type of beneficiary.
11. Quality of social services in the Slovak Republic
12. Changes in legislative standards with a focus on social services

**Recommended or required literature:**

1. GEJDOŠOVÁ, Z.: Nová sociálna politika v oblasti sociálnej pomoci. Ružomberok: PF KU, 2006. ISBN 80-8084-114-4
2. KAMANOIVÁ, I.: 3. Komunitný plán sociálnych a súvisiacich služieb mesta Ružomberok, na obdobie rokov 2018+2022. Ružomberok: VERBUM, 2018. ISBN 978-80-561-0568-9
3. KAMANOVÁ, I. Človek vo vyššom veku v podmienkach Slovenskej republiky. Kraków: Salwator. 2013. ISBN 978-7580-347-1
4. PAYNE, R. K. Mosty z chudoby / Ruby K. Payne, Philip DeVol, Terie Dreussi Smith ; [preklad: Ľudmila Hostová] Bridges out of poverty, strategies for professionals and communities. Košice : Equilibria , 2010. 293 s. ISBN 9788089284535
5. REPKOVÁ, K. <https://www.employment.gov.sk/files/slovensky/rodina-socialna-pomoc/socialne-sluzby/metodika-verzia-3.12-komplet.pdf>
6. REPKOVÁ, K. <https://www.employment.gov.sk/files/rodina-soc-pomoc/hodnotenie-podmienok-kvality-poskytovanych-socialnych-sluzieb-metodicke-vychodiska.pdf>
7. REPKOVÁ, K.: Sociálna práca v sociálnych službách. Bratislava. IpVaR. 2018. ISBN 978-80-7138-163-1
7. Zákon NRSR 448/2008 Z.z. o sociálnych službách v znení neskorších predpisov

**Language of instruction:**

slovak

**Notes:**

**Course evaluation:**

Assessed students in total: 27

A	B	C	D	E	FX
25.93	51.85	22.22	0.0	0.0	0.0

**Name of lecturer(s):** doc. PhDr. Irena Kamanová, PhD., MHA

**Last modification:** 30.08.2022

**Supervisor(s):**

Person responsible for the delivery, development and quality of the study programme:  
doc. PhDr. Markéta Rusnáková, PhD.

## COURSE INFORMATION SHEET

<b>University:</b> Catholic University in Ružomberok	
<b>Faculty:</b> Faculty of Education	
<b>Course code:</b> KSP/Sc- BE109A/22	<b>Course title:</b> Social Work Training - Communication
<b>Type and range of planned learning activities and teaching methods:</b> <b>Form of instruction:</b> Seminar <b>Recommended study range:</b> <b>hours weekly: hours per semester:</b> 8s <b>Teaching method:</b> on-site	
<b>Credits:</b> 1	<b>Working load:</b> 25 hours
<b>Recommended semester/trimester:</b> 2.	
<b>Level of study:</b> I.	
<b>Prerequisites:</b>	
<b>Requirements for passing the course:</b> The course will be implemented during the semester within the teaching blocks. The prerequisite for passing the course is 100% participation in the exercises. Active participation will be evaluated, as well as the completion of assignments and activities in the exercises will be monitored. The maximum number of points that students can obtain is 100. Verification of the degree of acquisition of the relevant knowledge, skills and competences of the student is carried out on the basis of theoretical and practical examinations during the semester teaching of the subject. Course evaluation: A - 100%-93% B - 92%-85% C - 84%-77% D - 76%-69% E - 68%-60% Fx - 59%- 0%	
<b>Learning outcomes of the course:</b> Course Objective: To train and develop communication skills that the social worker can use in practice - when working with clients and co-workers. Learning outcomes: After completing the course, the student will acquire the following knowledge, skills and competences: Graduate Knowledge: The graduate has knowledge and mastery of the basics and principles of communication, both verbal and non-verbal, can provide feedback, is aware of obstacles and breakdowns in communication, knows the elements of effective and assertive communication. Graduate Skills: The graduate is able to find, address, motivate for cooperation and independently assess the life situation of the client/clients with regard to the specifics and needs of the respective group and determine the degree of social risk of his/her/their life situation.	

Graduates will strengthen and deepen their communication skills, ability to listen actively, argue, communicate effectively, create a favourable communication environment, give and receive feedback and the ability to understand non-verbal communication.

Graduate Competencies:

Possesses professional communication skills, professionally presents own opinions.

**Course contents:**

1. Group discussion rules. Social communication and its functions.
2. Theoretical foundations of communication, principles of system communication, its typology.
3. Pathways and models of communication, communication networks and factors influencing the quality of communication.
4. Personality and communication, the influence of temperament on communication.
5. Principles for the effective functioning of the broadcaster and the receiver.
6. Feedback, principles for giving and receiving feedback.
7. Obstacles and breakdowns in communication.
8. Non-verbal communication.
9. Message encoding and decoding.
10. Communication and transactional analysis.
11. Interview.
12. Issues in communication.
13. Public presentation.

**Recommended or required literature:**

- GABURA, J. – GABURA, J. ml. 2015. Teória komunikácie v kontexte pomáhajúcich profesií. Nitra: UKF, 2015. 323 s. ISBN 978-80-558-0873-4
- MACHALOVÁ, M. 2011. Komunikácia v sociálnej práci: rozvoj komunikačnej spôsobilosti sociálnych pracovníkov. Prešov: Prešovská univerzita, Pravoslávna bohoslovecká fakulta, 2011. 77 s. ISBN 978-80-555-0328-8
- MARKOVIČ, D. – MARKOVIČOVÁ, K. Komunikácia v pomáhajúcich profesiách. In: ŽILOVÁ, A. a kol. Sociálne spôsobilosti v pomáhajúcich profesiách. Ružomberok : Verbum, vydavateľstvo KU, 2010. S. 35-45. ISBN 978-80-8084-589-6.
- GABURA, J., GABURA P. 2004. Sociálna komunikácia. Bratislava : Občianske združenie Sociálna práca, 2004. 117 s. ISBN 80-968927-7-0
- SCHARLAU, CH. 2010. Trénink úspěšné komunikace: jak uspět v každém rozhovoru v práci i osobním životě. Praha : GRADA, 2010. 106 s. ISBN 9788024733012.
- SCHARLAU, CH. 2008. Techniky vedení rozhovoru : zdokonalte své komunikační dovednosti. Praha : Grada, 2008. 205 s. ISBN 9788024722344.
- HRADISKÁ, E., HUDÍKOVÁ, Z., ČERTÍKOVÁ, H. 2013. Praktikum sociálnej komunikácie. Žilina : Eurokódex , 2013. 416 s. ISBN 978-80-89447-94-7
- MUSIL, J. 2010. Sociální a mediální komunikace. Praha: Univerzita Jana Amose Komenského, 2010. 256 s. ISBN 978-80-7452-002-0
- MOTSCHNIG, R., NYKL, L. 2011. Komunikace zaměřená na člověka: rozumět sobě i druhým. Praha: Grada , 2011. 172 s. ISBN 978-80-247-3612-9

**Language of instruction:**

slovak

**Notes:**

<b>Course evaluation:</b> Assessed students in total: 23					
A	B	C	D	E	FX
73.91	0.0	0.0	0.0	0.0	26.09
<b>Name of lecturer(s):</b> PhDr. Lenka Štefáková, PhD.					
<b>Last modification:</b> 25.08.2022					
<b>Supervisor(s):</b> Person responsible for the delivery, development and quality of the study programme: doc. PhDr. Markéta Rusnáková, PhD.					

## COURSE INFORMATION SHEET

<b>University:</b> Catholic University in Ružomberok	
<b>Faculty:</b> Faculty of Education	
<b>Course code:</b> KSP/Sc- BE124A/22	<b>Course title:</b> Social Work Training - Empathy
<b>Type and range of planned learning activities and teaching methods:</b> <b>Form of instruction:</b> Seminar <b>Recommended study range:</b> <b>hours weekly: hours per semester:</b> 8s <b>Teaching method:</b> on-site	
<b>Credits:</b> 1	<b>Working load:</b> 25 hours
<b>Recommended semester/trimester:</b> 5.	
<b>Level of study:</b> I.	
<b>Prerequisites:</b>	
<b>Requirements for passing the course:</b> Continuous assessment: active work on exercises consisting of participation in solving model problems, group work and creative problem solving aimed at developing empathy and empathic behaviour. Final evaluation: the final evaluation consists of an assessment of the students' active work in the social work training. Course evaluation: A - 100%-93% B - 92%-85% C - 84%-77% D - 76%-69% E - 68%-60% Fx - 59%- 0%	
<b>Learning outcomes of the course:</b> Course Goal: The goal of the training is to provide students with a comprehensive set of knowledge and skills related to empathy, empathic communication and behavior. Learning outcomes: After completing the course, the student will acquire the following knowledge, skills and competences: <b>Knowledge:</b> The graduate knows the theoretical background of empathy, empathic communication and behaviour, is aware of the importance of empathy in the practice of a social worker, knows the basic empathic expressions. <b>Skills:</b> The graduate gained practical experience in empathic behaviour in an experiential way, practiced the possibilities of empathic reactions in model tasks, became aware of his own level of empathy towards others and its limits. He is ready to use empathy in social work practice. <b>Competencies</b> The graduate is competent to integrate the social skill - empathy, into the solution of practical tasks arising from the practice of a social worker. He/she is aware of the importance of empathy in social	

work, the existence of the risks of too much and not enough empathy in social work and their contexts.

Verification of the level of acquired knowledge, skills and competences:

Verification of the degree of acquisition of relevant knowledge, skills and competences of the student is carried out on the basis of the assessment of activity and creativity during the exercises (solving model problems, case studies, group work, test, etc.).

**Course contents:**

1. Empathy - definition.
2. Emotional intelligence and empathy.
3. Empathy and empathic behaviour.
4. The empathy test.
5. The importance of empathic behaviour for the social worker, the client and the social environment.
6. The risks of too much empathy - identifying with the client.
7. People without empathy in social work practice and communication with them.
8. Empathic assertiveness.

**Recommended or required literature:**

1. KOMÁRKOVÁ, R., SLAMĚNÍK, I., VÝROST, J. Aplikovaná sociální psychologie III : sociálněpsychologický výcvik. Praha : Grada, 2005.
2. VÝROST, J. SLAMĚNÍK, I., Aplikovaná sociální psychologie I : Praha :Portál, 1998.
3. HEWSTONE, M., STROBLE, W. Sociální psychologie. Praha :Portál, 2006.
4. BUDA, B. Empatia: Psychológia vcítania a vžitia sa do druhého. Nové Zámky: PSYCHOPROF, 1994. 338 s. ISBN 80-967148-0-5.
5. BUDA, B. Čo vieme o empatii. Bratislava: Pravda, 1988.
6. KOPŘIVA, P., NOVÁČKOVÁ, J., NEVOLOVÁ, D., KOPŘIVOVÁ, T. 2008. Respektovat a být respektován. Spirála, 2008.
7. MATOUŠEK, O. Metody a řízení sociální práce. Praha : Portál, 2003, 380 s. ISBN 80-7178-548-2

**Language of instruction:**

Slovak

**Notes:**

**Course evaluation:**

Assessed students in total: 31

A	B	C	D	E	FX
100.0	0.0	0.0	0.0	0.0	0.0

**Name of lecturer(s):** Mgr. Júlia Bačkorová, PhD.

**Last modification:** 26.08.2022

**Supervisor(s):**

Person responsible for the delivery, development and quality of the study programme:  
doc. PhDr. Markéta Rusnáková, PhD.



## COURSE INFORMATION SHEET

<b>University:</b> Catholic University in Ružomberok	
<b>Faculty:</b> Faculty of Education	
<b>Course code:</b> KSP/Sc- BE105A/22	<b>Course title:</b> Social Work Training - Self-knowledge
<b>Type and range of planned learning activities and teaching methods:</b> <b>Form of instruction:</b> Seminar <b>Recommended study range:</b> <b>hours weekly: hours per semester:</b> 8s <b>Teaching method:</b> on-site	
<b>Credits:</b> 1	<b>Working load:</b> 25 hours
<b>Recommended semester/trimester:</b> 1.	
<b>Level of study:</b> I.	
<b>Prerequisites:</b>	
<b>Requirements for passing the course:</b> Verification of the degree of acquisition of the relevant knowledge, skills and competences of the student is carried out on the basis of theoretical and practical examinations during the semester teaching of the subject. Active participation in the exercises is a prerequisite for graduation and will be evaluated on an ongoing basis. One excused absence is allowed during the semester. The assessment will mainly focus on the verification of the acquired communication skills through practicing model situations and presenting one's own points of view. 10 exercises will be assessed, a maximum of 10 points per exercise can be obtained. The score will correspond to a percentage of the course grade: Course evaluation: A - 100%-93% B - 92%-85% C - 84%-77% D - 76%-69% E - 68%-60% Fx - 59%- 0%	
<b>Learning outcomes of the course:</b> <b>Course Objective:</b> The goal of the course is to teach students to understand the importance of self-assessment and self-knowledge in social interactions and to provide them with the skills necessary for self-awareness and self-assessment. <b>Learning outcomes:</b> <b>Competencies:</b> - the student will have professional communication skills, will be able to present his/her own opinions professionally, - the student is able to work effectively not only as an individual but also as a member of a team on the basis of self-assessment and self-knowledge.	
<b>Course contents:</b> 1. Self-knowledge and self-assessment - defining. 2. Tendency in self-assessment.	

3. The importance of self-knowledge and self-assessment. 4. Temperament. 5. Ways of self-knowledge - practice: knowing oneself through one's own eyes, comparison 6. self-knowledge and evaluation of one's own person through the eyes of others, as opposed to group production. 7. Intuition and empathy. 8. Self-assertion. 9. Self-esteem, self-confidence, positive thinking.					
<b>Recommended or required literature:</b> 1. KOMÁRKOVÁ, R., SLAMĚNÍK, I., VÝROST, J. Aplikovaná sociální psychologie III : 2. sociálněpsychologický výcvik. Praha : Grada, 2005. 3. BUDA, B.: Empatia. Nové Zámky : Psychoprof. 1994 4. KOPŘIVA, K.: Lidský vztah jako součást profese. Praha : Portál. 2006. 5. KŘIVOHLAVÝ, J.: Jak nestratit nadšení. Praha : Grada Publishing, 1998. 6. GABURA, J: Sociálna komunikácia. Bratislava: Sociálna práca, 2004					
<b>Language of instruction:</b> slovak					
<b>Notes:</b>					
<b>Course evaluation:</b> Assessed students in total: 20					
A	B	C	D	E	FX
95.0	0.0	0.0	0.0	0.0	5.0
<b>Name of lecturer(s):</b> PhDr. Lenka Štefáková, PhD.					
<b>Last modification:</b> 26.08.2022					
<b>Supervisor(s):</b> Person responsible for the delivery, development and quality of the study programme: doc. PhDr. Markéta Rusnáková, PhD.					

## COURSE INFORMATION SHEET

<b>University:</b> Catholic University in Ružomberok	
<b>Faculty:</b> Faculty of Education	
<b>Course code:</b> KSP/Sc- BE115A/22	<b>Course title:</b> Social Work with a Community
<b>Type and range of planned learning activities and teaching methods:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Recommended study range:</b> <b>hours weekly:</b> <b>hours per semester:</b> 12s / 4s <b>Teaching method:</b> on-site	
<b>Credits:</b> 5	<b>Working load:</b> 125 hours
<b>Recommended semester/trimester:</b> 4.	
<b>Level of study:</b> I.	
<b>Prerequisites:</b>	
<b>Requirements for passing the course:</b> Verification of the degree of acquisition of the relevant knowledge, skills and competences of the student is carried out on the basis of theoretical and practical examinations during the semester teaching of the subject. Throughout the semester, students will present their term paper on an assigned topic, for which a maximum of 25% may be earned. A second seminar paper will be prepared on the assigned topic after the first half of the lectures, where the student will be able to demonstrate the link between theoretical knowledge and practice, for which the student can earn a maximum of 25%. The student will be able to earn 50% during the final test. The final grade will be based on the total points obtained from the seminar papers, and from the written exam. Course evaluation: A - 100%-93% B - 92%-85% C - 84%-77% D - 76%-69% E - 68%-60% Fx - 59%- 0%	
<b>Learning outcomes of the course:</b> <b>Course Objective:</b> Students will learn about community social work as one form of practical social work. They will have a theoretical knowledge of the background, principles, principles, stages, communication and management of community social work. Furthermore, they will be able to apply this knowledge in practice, in practical problem solving for clients within their community. <b>Learning outcomes:</b> After completing the course, the student will acquire the following knowledge, skills and competences: <b>Graduate Knowledge:</b> The graduate has knowledge about individual types of communities, their structure, individual stages of work with the community, community planning and management of social work within the community. Furthermore, the graduate has an awareness of the interdisciplinary contexts of	

community social work at the synthesis level, specifically of the foundations of social work theories, methods and forms of social work in direct and mediated social work client groups.

#### Graduate Skills

They can plan, select and use an adequate methodology of work for their intervention professional activity and evaluate the effectiveness of the assistance provided within the community. Is able to participate participatively and implement the process of community social work in a multidisciplinary team.

#### Course contents:

1. Definition of the term - sociological and psychological perspective.
2. Types of communities.
3. Historical development of community work and community social work.
4. Community structure.
5. The need for social work with the community.
6. Subject and object of social work with the community.
7. Starting points and assumptions of community social work.
8. Communication with the community.
9. Management of social work within the community.
10. Creating conditions for community social work.
11. Stages of community social work, their content, aim and strategies of work.
12. Training of social workers for work in the community.

#### Recommended or required literature:

- PAVELOVÁ, Ľ., TVRDOŇ, M. 2006. Komunitná sociálna práca. Nitra: Univerzita Konštantína Filozofa, Fakulta sociálnych vecí a zdravotníctva, 2006. 177 s. ISBN 80-8050-983-2
- ŠOLCOVÁ, J., HOLÍKOVÁ, S. Čítanka pre komunitné pracovníčky a pracovníkov. Bratislava: Implementačná agentúra MPSVR SR, 192 s. ISBN 978-80-89837-77-9. Dostupné online: <https://fsr.gov.sk/wp-content/uploads/2023/12/citanka-final-final.pdf?csrt=8897614791160664304>
- ŽILOVÁ, A. 2002. Komunitná práca s komunitou s vysokou mierou nezamestnanosti. Banská Bystrica: Pedagogická Fakulta, UMB Banská Bystrica, 2002. ISBN 80-8055-721-7.
- PAVELOVÁ, Ľ. a kol. 2013. Komunitná sociálna práca: sociálna práca v komunite. Bratislava : Iris, 2013. 248 s. ISBN 978-80-89238-79-8
- ŠTEFÁKOVÁ, L., HULÍNOVÁ, V. 2016. Sociálna práca s komunitou. In: Metódy a metodika sociálnej práce I.: formy a druhy sociálnej práce. Ružomberok: Verbum - vydavateľstvo Katolíckej univerzity v Ružomberku, 2016. - 259 s. - ISBN 978-80-561-0400-2
- KORMANEC, P., KAMANOVÁ, I. 2016. Komunitná sociálna práca. Ružomberok : Verbum: Katolícka univerzita , 2016, 167 s. ISBN 978-80-561-0401-9
- VITÁLOŠOVÁ, I. 2013. Komunitná práca a komunitný rozvoj. Bratislava: Iris, 2013, 75 s. ISBN 978-80-89238-94-1
- KALINA, K. 2008. Terapeutická komunita: obecný model a jeho aplikácie v liečbe závislosti. Praha : Grada. 2008. 394 s. ISBN 978-80-247-2449-2

#### Language of instruction:

slovak

#### Notes:

#### Course evaluation:

Assessed students in total: 17

A	B	C	D	E	FX
29.41	29.41	17.65	17.65	5.88	0.0

**Name of lecturer(s):** PhDr. Mgr. Anna Masariková, PhD.

**Last modification:** 13.08.2024

**Supervisor(s):**

Person responsible for the delivery, development and quality of the study programme:

doc. PhDr. Markéta Rusnáková, PhD.

## COURSE INFORMATION SHEET

<b>University:</b> Catholic University in Ružomberok	
<b>Faculty:</b> Faculty of Education	
<b>Course code:</b> KSP/Sc-BE110A/22	<b>Course title:</b> Social Work with a Group
<b>Type and range of planned learning activities and teaching methods:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Recommended study range:</b> <b>hours weekly:</b> <b>hours per semester:</b> 12s / 4s <b>Teaching method:</b> on-site	
<b>Credits:</b> 5	<b>Working load:</b> 125 hours
<b>Recommended semester/trimester:</b> 3.	
<b>Level of study:</b> I.	
<b>Prerequisites:</b>	
<b>Requirements for passing the course:</b> Verification of the degree of acquisition of the relevant knowledge, skills and competences of the student is carried out on the basis of theoretical and practical examinations during the semester teaching of the subject. Throughout the semester, students will present their knowledge and skills during group exercises. Attendance and participation in these group activities will account for 25% of the overall grade. The other 25% of the assessment consists of self-moderation of the chosen group work method with a group of students. As part of this, students will be able to demonstrate links between theoretical knowledge and practice. This will be implemented after half of the lectures have been completed. 50% of the assessment will be made up of the student's theoretical knowledge demonstrated during the final test. The overall final assessment will be based on the total points obtained from participation in group events, moderation of the chosen method in a group of students and a final test of theoretical knowledge. Course evaluation: A - 100%-93% B - 92%-85% C - 84%-77% D - 76%-69% E - 68%-60% Fx - 59%- 0%	
<b>Learning outcomes of the course:</b> Course Objective: To enable students to learn about group social work, its benefits, risks, use in working with clients, including elements of group dynamics and methods of group work. Learning outcomes: After completing the course, the student will acquire the following knowledge, skills and competences: Graduate Knowledge: After completing the course, students will know: the principles of formation, development and possibilities of forming a social group of clients, the basics of the structure and content of group work, the functions and possibilities of the group leader in group social work. They will know the	

objectives, methodology, justification and conditions for the application of methods of working with a group of social clients and apply selected methods of group work in practice.

**Graduate Skills:**

Upon completion of the course, students will have a basic skill in the selection and use of group work methods, with their own experience as a participant in group social work, using participatory group work methods.

Graduate competences: after completing the course, students will have the elementary competence to work with a group of clients.

**Course contents:**

- group, social client group, social work with group
- group dynamics, its importance for group work,
- group dynamics factors, especially group roles,
- Group development as a significant factor in group dynamics and its importance when working with a group of clients,
- the structure and content of group work,
  - o introduction to group work - getting to know each other, expectations concerns, rules, motivation, forming a group,
  - o the core of group work - psychological and social stabilization of the client, self-knowledge, self-reflection and self-development, activation, motivation of the client in the group,
  - o conclusion of the work with the group - action plan, transfer, evaluation,
- methods of working with social groups (directive and participative), their definition, principles of use, conditions, risks, advantages and limitations of the application of individual methods of group work,
- the position and roles of the group leader in the different phases of group development, in the use of different methods and in relation to specific group roles and group events
- real training of selected methods of working with a group of students

**Recommended or required literature:**

MÁTEL, A. Metódy a prístupy v sociálnej práci. Nitra : Univerzita Konštantína Filozofa, 2013. ISBN 9788055802435.

BELZ, H. – SIEGRIST, M. Klíčové kompetence a jejich rozvíjení. Praha : Portál,2001. ISBN 9788073679309

MATOUŠEK, O. a kol. Metody a řízení sociální práce. Praha : Portál, 2008. ISBN 9788073675028.

LEVICKÁ, J. Na ceste za klientom. Metódy, formy a prístupy v sociálnej práci. Trnava : Oliva , 2008. ISBN 9788089332038.

LILLEY, R. C. Jak jednat s problematickými lidmi. Brno : Computer Press, 2005. ISBN 802510687X.

HUPKOVÁ, M. Rozvíjanie sociálnych spôsobilostí v pomáhajúcich profesiách. Bratislava : IRIS, 2011.

ONDRUŠEK, M. – LABÁTH, V.: Tréning? Tréning – učenie zážitkom. Bratislava : PDCS, 2007.

HERMOCHOVÁ, S. Sociálne-psychologický výcvik 2. Praha : 1988

SIEGRIST, M. Vzdelávacia práca s nezamestnanými. Rozvoj osobnosti. Bratislava : 1996.

ASGW. Professional standards for the training of group workers. 2000. Dostupné online: [http://www.asgw.org/training\\_standards.htm](http://www.asgw.org/training_standards.htm)

**Language of instruction:**

slovak

**Notes:**

<b>Course evaluation:</b> Assessed students in total: 27					
A	B	C	D	E	FX
18.52	22.22	25.93	14.81	18.52	0.0
<b>Name of lecturer(s):</b> Mgr. Daniel Markovič, PhD.					
<b>Last modification:</b> 30.08.2022					
<b>Supervisor(s):</b> Person responsible for the delivery, development and quality of the study programme: doc. PhDr. Markéta Rusnáková, PhD.					



## COURSE INFORMATION SHEET

<b>University:</b> Catholic University in Ružomberok	
<b>Faculty:</b> Faculty of Education	
<b>Course code:</b> KSP/Sc-BE106A/22	<b>Course title:</b> Social Work with individuals
<b>Type and range of planned learning activities and teaching methods:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Recommended study range:</b> <b>hours weekly:</b> <b>hours per semester:</b> 12s / 4s <b>Teaching method:</b> on-site	
<b>Credits:</b> 6	<b>Working load:</b> 150 hours
<b>Recommended semester/trimester:</b> 2.	
<b>Level of study:</b> I.	
<b>Prerequisites:</b>	
<b>Requirements for passing the course:</b> Course completion requirements and method of verification of acquired knowledge, skills and competences: Throughout the semester, students will present their term paper on an assigned topic, for which a maximum of 20% may be earned. Another 20% will be awarded for a demonstration of an interview with a client, where they will be able to highlight the specifics of the work when selecting a particular type of client, and will be able to demonstrate the link between theoretical knowledge and practice. 60% will be awarded during the final test. The final grade will be based on the total points obtained from the seminar paper, the client interview demonstration, and the written exam. Verification of the degree of acquisition of the relevant knowledge, skills and competences of the student is carried out on the basis of theoretical and practical examinations during the semester teaching of the subject. Course evaluation: A - 100%-93% B - 92%-85% C - 84%-77% D - 76%-69% E - 68%-60% Fx - 59%- 0%	
<b>Learning outcomes of the course:</b> Course Objective: After completing the course, students will know the principles of creation, development and possibilities of forming methods of working with clients, the basics of the structure and content of work with an individual. Students will be informed about individual and case-based social work, the process of assessment, intervention in relation to the stages of social work with the individual. Learning outcomes: After completing the course, the student will acquire the following knowledge, skills and competences: Graduate Knowledge:	

The graduate possesses knowledge of individual areas of the field of study and its interdisciplinary contexts at the level of synthesis, namely the basics of methods and forms of social work in direct and mediated work with the client.

**Graduate Skills:**

They can plan, select and use an adequate methodology of work for their intervention professional activity and evaluate the effectiveness of the assistance provided.

**Course contents:**

1. Definition of basic terms (social work with an individual, individual social work, case social work, case work)
2. History of social work with individuals, its development and current status
3. Basic principles of social work with the individual
4. Typology of clients in social work, specifics of work
5. Personal and professional prerequisites of a social worker for working with a client
6. Professional relationship between social worker and client, boundaries of the relationship between social worker and client, disturbances of these boundaries
7. Stages of social work with an individual - familiarisation with the case
8. Stages of social work with an individual - assessment
9. Stages of social work with an individual - social intervention, case closure
10. Communication with the client in social work with an individual, principles of optimal communication
11. Conducting an interview with a client in social work with an individual, questions in communication
12. Methods in working with clients, introduction to sociotherapy

**Recommended or required literature:**

- LEVICKÁ, J., LEVICKÁ, K. 2015. Prípadová sociálna práca - zrod a rozvoj. Hradec Králové : Gaudeamus, 2015. 112 s. ISBN 978-80-7435-574-3
- GABURA, J. – GABURA, J. ml. 2015. Teória komunikácie v kontexte pomáhajúcich profesií. Nitra : UKF, 2015. 323 s. ISBN 978-80-558-0873-4
- GABURA, J. 2013. Teória a proces sociálneho poradenstva. Bratislava : Iris, 2013. 310 s. ISBN 978-80-89238-92-7
- ŠTEFÁKOVÁ, L., HULÍNOVÁ, V. 2016. Sociálna práca s jednotlivcom. In Metódy a metodika sociálnej práce I. : formy a druhy sociálnej práce. Ružomberok : Verbum - vydavateľstvo Katolíckej univerzity v Ružomberku, 2016. - 259 s. - ISBN 978-80-561-0400-2
- ŠTEFÁKOVÁ, L. 2017. Socioterapia. In Metódy a metodika sociálnej práce III. : Manažérske postupy, plánovanie a metódy v sociálnej práci. Ružomberok : Verbum - vydavateľstvo Katolíckej univerzity v Ružomberku, 2017. - 276 s. - ISBN 978-80-561-0431-6
- MATOUŠEK, O. 2013. Metody a řízení sociální práce. Praha : Portál , 2013. 3. aktual a dopl. vyd. 395 s. ISBN 978-80-262-0213-4
- <https://www.ifsw.org/>
- <https://www.socialworkers.org/News/Facts/Types-of-Social-Work>
- <https://socialworklicense.com/>
- <https://www.socialworkdegreeguide.com/>
- <https://www.naswfoundation.org/>

**Language of instruction:**

slovak

**Notes:**

<b>Course evaluation:</b> Assessed students in total: 20					
A	B	C	D	E	FX
15.0	15.0	15.0	35.0	5.0	15.0
<b>Name of lecturer(s):</b> PhDr. Lenka Štefáková, PhD.					
<b>Last modification:</b> 19.02.2023					
<b>Supervisor(s):</b> Person responsible for the delivery, development and quality of the study programme: doc. PhDr. Markéta Rusnáková, PhD.					

## COURSE INFORMATION SHEET

<b>University:</b> Catholic University in Ružomberok	
<b>Faculty:</b> Faculty of Education	
<b>Course code:</b> KSP/Sc-BE117A/22	<b>Course title:</b> Social pathology
<b>Type and range of planned learning activities and teaching methods:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Recommended study range:</b> <b>hours weekly:</b> <b>hours per semester:</b> 12s / 4s <b>Teaching method:</b> on-site	
<b>Credits:</b> 7	<b>Working load:</b> 175 hours
<b>Recommended semester/trimester:</b> 4.	
<b>Level of study:</b> I.	
<b>Prerequisites:</b>	
<b>Requirements for passing the course:</b> Active participation in seminars and preparation of group assignments during the semester: 30% of the student's total grade Attendance and quality of active participation in seminars: active participation in the formulation and analysis of problems, evaluated for correctness of speech, completeness, argumentation, dialogue with other group members; completion of individual and group assignments, presentation of practical assignments; Assessment of intermediate tasks is as follows: 10: excellent knowledge and skills acquired during the tasks. 9: very good; 8: good, some minor errors may occur. 7: average knowledge and skills, there are errors in the tasks. 6: knowledge and skills are below average; there are (significant) errors in the tasks. 5: Knowledge and skills still meet the minimum requirements. Many errors. 4-0: minimum requirements not met. Attendance and pass mark in the oral exam: 70%/ 10 points In the oral examination, the student will be assessed on a number of criteria such as: The student's speech during the exam and his/her orientation to the issue chosen from the topics covered, the student's analytical skills in relation to the chosen issue, the student's ability to relate the knowledge gained to current events in society at the national and global level, the student's ability to take a stand in important contexts of socio-pathological behaviors and events in society, and the student's ability to demonstrate individual opinions and attitudes in relation to their implications for the future of human society (10 -9); Student's speech is oriented with minor errors, student only partially connects his/her knowledge to societal events, student can only partially take positions and opinions on the analyzed issue with errors (8-7); the student responds satisfactorily to the questions, but his/her independent analysis is at a very low level, the speech is very simple with incorrectly used terminology, he/she can only very superficially connect his/her knowledge with social reality, he/she cannot take attitudes and opinions on social events related to social pathology (6-5); the student has significant deficiencies in speech and in the use of professional terminology, the analysis of the chosen topic is superficial, the student is very poorly oriented in the field of social pathology, he/she cannot independently reach his/her own conclusions and attitudes (4-1).	

**Course Evaluation:**

- A - 100%-93%
- B - 92%-85%
- C - 84%-77%
- D - 76%-69%
- E - 68%-60%
- Fx - 59%- 0%

**Learning outcomes of the course:**

After completing the course, the student will acquire the following knowledge, skills and competences:

- Knows the basic characteristics and specific features of individual client groups of social work in the context of social pathology. Orientation in social work institutions and facilities with target groups of clients whose social behaviour is deviant.
- Can identify and link knowledge and information from other related disciplines - psychology, criminology, law, pedagogy, sociology
- Knows the required terminology in the field of social pathology in the social science system.
- Understands the roles of social work in the prevention and resolution of individual socio-pathological phenomena in connection with the methodology of social work.
- Applies the acquired knowledge and skills in designing adequate methods of social work in dealing with specific social pathological phenomena.

**Course contents:**

An introduction to social pathology. The place of social pathology in the system of social sciences.

The concept of social pathology.

Social deviance.

Sociological theories and concepts of social deviance.

The Chicago School.

Theories of anomie according to Durkheim. Theories of anomie according to Merton.

Theories of cultures and subcultures. Tension theory. Labelling theory. Socio-pathological phenomena, characteristics, typology. Analysis of factors and causes of socio-pathological phenomena.

The role of social work in the prevention and solution of individual socio-pathological phenomena in connection with the methodology of social work.

Institutional and field social work with selected target groups of social work.

**Recommended or required literature:**

1. RUSNÁKOVÁ, M., ŠROBÁROVÁ, S. Sociálna patológia v zameraní na sociálnopatologické javy / Markéta Rusnáková, Soňa Šrobárová ; rec. Ľuba Pavelová, Daniel Markovič, Ľubomír Pekarčík. - 1. vyd. - Ružomberok : Verbum - vydavateľstvo Katolíckej univerzity v Ružomberku, 2015. - 172 s. - ISBN 978-80-561-0291-6.
2. RUSNÁKOVÁ, M., ŠROBÁROVÁ, S. Teoretický rámec sociálnej patológie pre sociálnych pracovníkov / Markéta Rusnáková, Soňa Šrobárová ; rec. Ľuba Pavelová, Daniel Markovič. - [1. vyd.]. - Ružomberok : Verbum - vydavateľstvo Katolíckej univerzity v Ružomberku, 2013. - 138 s. - ISBN 978-80-561-0088-2.
3. ONDREJKOVIČ, P.: Kriminológia pre sociológov, sociálnych pracovníkov a sociálnych pedagógov. Nitra: UKF, 2011, 164 s. ISBN 9788055800424
4. SOPÓCI, J. – BÚZIK, B.: Teórie sociálnej stratifikácie a mobility. Univerzita Komenského, Bratislava, 1999.
5. MAUSH, K.: Patologia społeczna. Szczecin: Zapol, 2007, 194 s., ISBN 9788375180183
6. KELLER, J.: Soumrak sociálního státu. SLON, Praha, 2005.
7. KELLER, J.: Tři sociální světy. SLON, Praha, 2011.
8. VÁGNEROVÁ, M.: Psychopatologie pro pomáhající profese. Praha: Portál, 2004, 870 s. ISBN 8071788023
9. URBAN, L.: Sociální deviace. Lukáš Urban, Josef Dubský, Jan Bajura. Plzeň: Aleš Čeněk 2012, 231 s. ISBN 9788073803971
10. FISHER, S.: Sociální patologie. Slavomil Fischer, Jiří Škoda, Praha: Grada, 2009, 218 s. ISBN 9788024727813
11. MUNKOVÁ, G.: Sociální deviace. Přehled sociologických teorií. Plzeň: Aleš Čeněk, 2013, 168 s. ISBN 9788073803988
12. <https://www.encyclopedia.com/social-sciences-and-law/sociology-and-social-reform/sociology-general-terms-and-concepts/social-pathology>
13. <https://socialniprace.cz>

**Language of instruction:**

English, Slovak

**Notes:****Course evaluation:**

Assessed students in total: 28

A	B	C	D	E	FX
17.86	14.29	28.57	10.71	14.29	14.29

**Name of lecturer(s):** doc. PhDr. Markéta Rusnáková, PhD.**Last modification:** 02.08.2022**Supervisor(s):**

Person responsible for the delivery, development and quality of the study programme:

doc. PhDr. Markéta Rusnáková, PhD.

## COURSE INFORMATION SHEET

<b>University:</b> Catholic University in Ružomberok	
<b>Faculty:</b> Faculty of Education	
<b>Course code:</b> KSP/Sc- BE112A/22	<b>Course title:</b> Social work theories
<b>Type and range of planned learning activities and teaching methods:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Recommended study range:</b> <b>hours weekly:</b> <b>hours per semester:</b> 12s / 4s <b>Teaching method:</b> on-site	
<b>Credits:</b> 4	<b>Working load:</b> 100 hours
<b>Recommended semester/trimester:</b> 3.	
<b>Level of study:</b> I.	
<b>Prerequisites:</b>	
<b>Requirements for passing the course:</b> There will be two written quizzes in lectures during the semester, with a maximum of 20 points for each quiz. A minimum of 20 points must be obtained from the quizzes in order to participate in the exam. Students may earn a maximum of 60 points on the final oral examination. In the external form of study, there will be a written examination (max. 40 points) before the oral examination. The final grade will be based on the total number of points obtained from the examinations and the oral examination. Course evaluation: A - 100%-93% B - 92%-85% C - 84%-77% D - 76%-69% E - 68%-60% Fx - 59%- 0%	
<b>Learning outcomes of the course:</b> <b>Course Objective:</b> The aim of the course is to gain an overview of selected theories of social work, which are the theoretical basis of current methods of social work with individuals and groups. <b>Learning outcomes:</b> After completing the course, the student will acquire the following knowledge, skills and competences: Theoretical knowledge: students will integrate knowledge from selected theoretical models into their own cognitive framework, know their meaning and use in social work. Practical skills: students will be able to identify the specifics of selected theories in social work practice. Competency: Students will be competent to identify selected approaches in social work practice and choose them based on their specifics and client needs. They also have the competence to select an eclectic approach.	
<b>Course contents:</b>	

1. Basic concepts.
2. Types of theories in social work, their breakdown.
3. Working with theories in social work practice. Theoretical purism and eclecticism.
4. Characteristics, analysis, specifics of selected theories and theoretical models applied in social work:
  - humanistic theories (especially Rogers' human-centered approach and Berne's transactional analysis,)
  - existential theories (consider Frankl's existential analysis of logotherapy),
  - Behavioral theories and cognitive-behavioral theories,
  - dynamic approaches,
  - task-oriented approach,
  - Social-psychological communication theories,
  - A systemic approach.
5. Identification of the specifics of each approach in practical exercises.

**Recommended or required literature:**

Odporúčaná literatúra:

1. MATOUŠEK, O. a kol. 2001: Základy sociální práce. Praha : Portál.
2. NAVRÁTIL, P. 2001. Teorie a metody sociální práce, Brno: Marek Zeman, 2001. 166 s. ISBN 80-903070-0-0.
3. LEVICKÁ, J. 2005. Od konceptu k technike. Trnava : Vydavateľstvo TŠ, 2005. ISBN, 8096895265, 9788096895267. 222 s.
4. BRNULA, P. 2012. Sociálna práca. Dejiny, teórie a metódy. 1. vyd., Bratislava : IRIS, 216 s., ISBN 9788089256914.
5. PAYNE, M. 2005. Modern social work theory. 3rd Ed. Basingstoke : Palgrav Macmillan, 2005. 366 s. ISBN 978-1-4039-1836-9.
6. GÖPPNER, H.-J., HÄMÄLÄINEN, J. 2008. Rozprava o vede o sociálnej práci. Hľadanie prvkov pre programatiku. Bratislava : VŠZaSP sv. Alžbety, 2008.

**Language of instruction:**

slovak, english

**Notes:**

**Course evaluation:**

Assessed students in total: 30

A	B	C	D	E	FX
30.0	6.67	23.33	16.67	13.33	10.0

**Name of lecturer(s):** doc. PhDr. Markéta Rusnáková, PhD., PhDr. Mgr. Anna Masariková, PhD.

**Last modification:** 30.08.2022

**Supervisor(s):**

Person responsible for the delivery, development and quality of the study programme:  
doc. PhDr. Markéta Rusnáková, PhD.



## COURSE INFORMATION SHEET

<b>University:</b> Catholic University in Ružomberok	
<b>Faculty:</b> Faculty of Education	
<b>Course code:</b> KSP/Sc- BE119A/22	<b>Course title:</b> Social work training - Presentation skills
<b>Type and range of planned learning activities and teaching methods:</b> <b>Form of instruction:</b> Seminar <b>Recommended study range:</b> <b>hours weekly: hours per semester:</b> 8s <b>Teaching method:</b> on-site	
<b>Credits:</b> 1	<b>Working load:</b> 25 hours
<b>Recommended semester/trimester:</b> 4.	
<b>Level of study:</b> I.	
<b>Prerequisites:</b>	
<b>Requirements for passing the course:</b> Course completion requirements and method of verification of acquired knowledge, skills and competences: It is an experiential and experiential training. Verification of the degree of acquisition of relevant knowledge, skills and competences of the student is carried out on the basis of the performance of tasks on exercises during the semester course. The student's participation in the training is compulsory. Independent work of the external student is devoted to self-study. Course evaluation: Based on the active participation of the student, the instructor will decide on the grade to be awarded according to the following table: A - 100%-93% B - 92%-85% C - 84%-77% D - 76%-69% E - 68%-60% Fx - 59%- 0%	
<b>Learning outcomes of the course:</b> Course Objective: The aim of the course is to increase students' presentation skills and prepare them for a professional presentation of a professional topic. Learning outcomes: After completing the course, the student will acquire the following knowledge, skills and competences: <b>Knowledge</b> The student knows the principles of effective and engaging presentation. <b>Skills</b> The student is oriented to ethical principles. <b>Competencies</b> Possesses professional communication skills, professionally presents own opinions.	
<b>Course contents:</b>	

<p>First impression at presentation          Listeners and their information processing styles          Presentation structure - introduction, core, conclusion          Visual aids          Presenters during the presentation - verbal and non-verbal expression          Discussion and questions from the audience          Confidence in presentation          Managing stress and stage fright          Ethics and morality. Introduction to moral reasoning. Good and evil. Conscience. Freedom. Ethical dilemmas          Code of ethics for social worker and social work assistant</p>					
<b>Recommended or required literature:</b>					
<b>Language of instruction:</b> Slovak					
<b>Notes:</b>					
<b>Course evaluation:</b> Assessed students in total: 28					
A	B	C	D	E	FX
60.71	14.29	7.14	0.0	3.57	14.29
<b>Name of lecturer(s):</b> Mgr. Júlia Bačkorová, PhD.					
<b>Last modification:</b> 26.08.2022					
<b>Supervisor(s):</b> Person responsible for the delivery, development and quality of the study programme: doc. PhDr. Markéta Rusnáková, PhD.					

## COURSE INFORMATION SHEET

<b>University:</b> Catholic University in Ružomberok	
<b>Faculty:</b> Faculty of Education	
<b>Course code:</b> KSP/Sc- BE114A/22	<b>Course title:</b> Social work training - Teamwork
<b>Type and range of planned learning activities and teaching methods:</b> <b>Form of instruction:</b> Seminar <b>Recommended study range:</b> <b>hours weekly:</b> <b>hours per semester:</b> 8s <b>Teaching method:</b> on-site	
<b>Credits:</b> 1	<b>Working load:</b> 25 hours
<b>Recommended semester/trimester:</b> 3.	
<b>Level of study:</b> I.	
<b>Prerequisites:</b>	
<b>Requirements for passing the course:</b> Conditions for completion of the course and the subject and the method of verification of the acquired knowledge, skills and competences: Interim evaluation Active participation in teaching.....40% - Demonstrated activity at the verbal level, engagement in discussion (5%) - activity at the behavioural level, involvement in exercises and tasks (20%) - Cognitive level activity, reasoning, analytical and critical thinking, finding connections (10%) - level of motivation, desire to know, understand, apply (5%) Final evaluation Written work (two parts) and test.....60% - theoretical aspects of teamwork (20%) - application level of the described/examined phenomenon (10%) - final test (30%) Overall rating (expressed in points) - 10 - 9.1 points - excellent performance - initiative, proactive approach, the student shows interest, brings suggestions, asks relevant questions, looks for connections, is ready to experiment at the level of behaviour and thinking, - 9 - 8.1 points - very good performance - active approach, student responds to stimuli, reflects on topics and phenomena, shows motivation to know and learn, - 8 - 7.1 points - average performance - student responds to stimuli hesitantly, shows variable motivation, participates selectively in activities, - 7 - 6.1 points - below average performance - the student is only reactive, responds to questions and suggestions without trying to develop the topic or consider alternatives, is only interested in selected elements of the topic, - 6 - 5.1 points - poor performance - the student is able to respond, but is poorly motivated to learn, his/her contribution is in the nature of reproduction of knowledge, - 5 - 0 points - passive, poor performance, formal attitude to learning. Course evaluation: A - 100%-93% B - 92%-85%	

C - 84%-77%  
D - 76%-69%  
E - 68%-60%  
Fx - 59%- 0%

**Learning outcomes of the course:**

Course Objective:

The main objective of the course is to provide students with knowledge, skills and expand competencies in the area of small social group functioning, group dynamics and effective factors of teamwork. Partial objectives are the skills of forming and building a work team, analyzing group processes and leading teamwork.

Learning outcomes:

The graduate has knowledge in the field of group and team cooperation, knows the effective factors of teamwork, differentiates the individual elements of group dynamics and their potential in a working team, knows the developmental stages of teamwork and understands the risks of team deterioration.

The graduate has mastered social skills necessary to lead team processes at the executive and social level, is able to apply methods and forms of teamwork in achieving the goals of social work in a multidisciplinary team.

The graduate has the competences to create, build and effectively lead work teams, to solve professional, relational and procedural issues of teamwork, including coping with challenging work situations in a given social, personal, professional and historical context.

**Course contents:**

Course contents:

1. Interactive methods of development and correction

Principles of interactive learning in the present form - contact, relationship, atmosphere, contract, two-way communication. Three factors of effective training process - support, development and correction. Methods of group interaction in the training process. The role of trainer, lecturer, facilitator.

2. Teamwork

Group and team work - definition. Group work team dynamics. Synergistic effect of teamwork. The context of the emergence and existence of the work team in the social system. Power and its distribution in the work team. The phenomenon of groupthink.

3. Effective teamwork factors

Defining and identifying with goals. Homogeneous vs. heterogeneous work teams. Cooperation and competition as essential elements of a team. Productive form of opposition, conformity and group pressure. Development and risks of team deterioration. Performance and satisfaction as key indicators of teamwork. Risks and potential for managing misunderstandings and conflict transformation in the work team. Team leadership and the roles of the identified team leader. Formal and informal team relationships. The culture of the work team. A healthy social environment. Organizational change and the work team.

**Recommended or required literature:**

- ADAIR, J. 2006. Leadership. Učte se od velkých vůdců. Brno: Computer Press. 2006. 274 s. ISBN 80-251-1256-X
- BAUER, G., F., JENNY, G., J. (Ed.) 2013. Salutogenic Organizations and Change. London: Springer. 2013. 350 s. ISBN 978-94-007-6470-5
- BELZ, H., SIEGRIST, M. 2001. Klíčové kompetence a jejich rozvíjení. Praha: Portál. 2001. 375 s. ISBN 80-7178-479-6
- KOLAŘÍK, M. 2013. Interakční psychologický výcvik pro praxi. Praha: Grada Publishing. 2013. 128 s. ISBN 978-80-247-4450-6
- KOŽNAR, J. 1992. Skupinová dynamika. Teorie a výzkum. Praha: Karolinum. 1992. 163 s.
- LABÁTH, V. 2021. Cvičenia, hry, simulácie pre skupinovú prácu. Bratislava: Wolters Kluwer. 2021. 254 s. ISBN 978-80-571-0370-7
- NILSON, C. 1993. Team games for trainers. New York: McGraw-Hill. 1993. 322 s. ISBN 0: 0070465886
- PAYNE, V. 2007. Teambuilding Workshop – trénink týmových dovedností. Brno: Computer Press. 2007. 338 s. 274 s. ISBN 978-80-251-1588-6
- ROBBINS, P. R., JUDGE, T. A. 2019. Organizational behavior. Boston: Prentice-Hall International. 2019. 18. vyd. 698 s. New York: Pearson. ISBN 9780134729329

**Language of instruction:**

Slovak, English, Czech

**Notes:****Course evaluation:**

Assessed students in total: 23

A	B	C	D	E	FX
56.52	17.39	26.09	0.0	0.0	0.0

**Name of lecturer(s):** prof. PaedDr. Vladimír Labáth, PhD.

**Last modification:** 28.08.2022

**Supervisor(s):**

Person responsible for the delivery, development and quality of the study programme:  
doc. PhDr. Markéta Rusnáková, PhD.

## COURSE INFORMATION SHEET

<b>University:</b> Catholic University in Ružomberok	
<b>Faculty:</b> Faculty of Education	
<b>Course code:</b> KSP/Sc- BE106B/22	<b>Course title:</b> Social work with people with disabilities
<b>Type and range of planned learning activities and teaching methods:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Recommended study range:</b> <b>hours weekly:</b> <b>hours per semester:</b> 4s / 4s <b>Teaching method:</b> on-site	
<b>Credits:</b> 4	<b>Working load:</b> 100 hours
<b>Recommended semester/trimester:</b> 7.	
<b>Level of study:</b> I.	
<b>Prerequisites:</b>	
<b>Requirements for passing the course:</b> Conditions for completion of the course and the subject and the method of verification of the acquired knowledge, skills and competences: Verification of the degree of acquisition of the relevant knowledge, skills and competences of the student is carried out on the basis of theoretical and practical examinations during the semester teaching of the subject. Participation and quality of active participation in lectures will be assessed: I will assess the student's activity in lectures: 1) adequate and thorough preparation for discussion; 2) readiness to answer theoretical questions; 3) working in groups and also individually. During the semester, students will present their term paper on the assigned topic after the completion of the sixth lecture circuit, for which a maximum of 25% can be earned. The second seminar paper will be presented on the assigned topic after the eleventh round of lecture topics, where the student will be able to demonstrate the link between theoretical knowledge and practice, for which the student can earn a maximum of 25%... 50% will be awarded during the final oral examination. The final grade will be based on the total points obtained from the seminar papers, and from the oral examination. Course evaluation: A - 100%-93% B - 92%-85% C - 84%-77% D - 76%-69% E - 68%-60% Fx - 59%- 0%	
<b>Learning outcomes of the course:</b> The aim of the course: is to familiarize students with the specifics of individual types of disability, with forms of social assistance for citizens with disabilities, disabilities. Learning outcomes: After completing the course, the student will acquire the following knowledge, skills and competences: Knowledge: the student will acquire theoretical knowledge about different types of diseases and their consequences; forms of social inclusion in the areas of: education, employment, social inclusion.	

Skills: the student is practically able to provide basic social counselling for people with health and social disadvantages at risk of e.g. social exclusion or limited ability to socially integrate and independently solve their problems due to severe disability or adverse health condition.

Competence: is prepared to represent and promote the interests of vulnerable groups.

**Course contents:**

Demographic development.

2. Disability - definition of basic terms

3. Types of disability.

4. Physical, visual, hearing, mental disabilities, other disorders according to the ICD.

5. Communication, barriers to communication in persons with disabilities.

6. Education of persons with disabilities in the Slovak Republic.

7. Employment of persons with disabilities in the Slovak Republic.

8. Social rehabilitation. Individual planning.

9. Forms of social assistance in the Slovak Republic for people with disabilities

10. Assessment activities: medical, social,

11. Monetary contributions for the compensation of disability - Act No. 447/2008 Coll.

12. Social counselling for people with disabilities

**Recommended or required literature:**

BALTES, P.; MITELLSTRASS, J.; STAUDINGER, U. 1994. Alter Und Altern: Ein Interdisziplinärer Studententext Zur Gerontologie. Berlín: Arthur Collignon, GmbH Germany, 814 s. ISBN: 3 11 014480 5.

BRICHTOVÁ, L. – REPKOVÁ, K. 2009. Sociálna ochrana starších osôb a osôb so zdravotným postihnutím - vybrané aspekty. Bratislava: Epos, 2009. 463 s. ISBN 978-80-8057-797-1.

GIFFORD, G. 2002. How can there be any links between Disability and Mental Health? In Zdravotné postihnutie v kontexte novodobej sociálnej politiky. Bratislava: Informačná kancelária Rady Európy, 2003. 214 s. ISBN 810-89141-03-X.

KAMANOVÁ: Človek telesným postihnutím – pomoc, podpora, sprevádzanie- v tlači NOVOSAD, Libor.2009. Poradenství pro osoby se zdravotním a sociálním znevýhodněním. 1.vydanie. Praha : Portál, 2009. 272 s. ISBN 978-80-7367-509-7.

POKORNÁ, Andrea. Komunikace se seniory. první. Praha: Grada Publishing a.s., 2010. 160 s. ISBN 978-80-247-3271-8.

PFEIFFER, D. 2002. The Philosophical Foundations of Disabilities Studies. In Zdravotné postihnutie v kontexte novodobej sociálnej politiky. Bratislava: Informačná kancelária Rady Európy,2003.214 s.ISBN 810-89141-03-X

REPKOVÁ, K. – POŽÁR, L. – ŠOLTÉS, L. 2003. Zdravotné postihnutie v kontexte novodobej sociálnej politiky. Bratislava: Informačná kancelária Rady Európy, 2003. 214 s. ISBN 810-89141-03-X.

REPKOVÁ, K. 2006. Životné podmienky rodín so zdravotne postihnutým členom. Bratislava: Inštitút pre výskum práce a rodiny, 2006. 8 s.

REPKOVÁ,K. 2010. Dlhodobá starostlivosť o starších ľudí na Slovensku a v Európe, Bratislava, 2010. ISBN: 978-80-7138-130-3

ŠULOVÁ, M. 2018. Metódy sociálnej práce s osobami s duševnými poruchami: zborník z medzinárodnej vedeckej konferencie Košice. Ružomberok: Verbum, 2018. 160 s. ISBN 978-80-561-0593-1

TOKARČÍKOVÁ, M., VÁCLAVÍKOVÁ, S. 2017. Sociálne aspekty zdravotného postihnutia v nadväznosti na onkologické ochorenie. Brno : Tribun EU, 2017. 167 s. ISBN 978-80-263-1194-2

Zákon NR SR č. 447/2008 Z. z. o peňažných príspevkoch na kompenzáciu ťažkého zdravotného postihnutia v znení neskorších predpisov.  
Zákon NR SR č. 448/2008 Z. z. o sociálnych službách a o zmene a doplnení zákona č. 445/1991 Zb. o živnostenskom podnikaní v znení neskorších predpisov.

**Language of instruction:**

slovak

**Notes:****Course evaluation:**

Assessed students in total: 1

A	B	C	D	E	FX
100.0	0.0	0.0	0.0	0.0	0.0

**Name of lecturer(s):** doc. PhDr. Irena Kamanová, PhD., MHA

**Last modification:** 30.08.2022

**Supervisor(s):**

Person responsible for the delivery, development and quality of the study programme:  
doc. PhDr. Markéta Rusnáková, PhD.



## COURSE INFORMATION SHEET

<b>University:</b> Catholic University in Ružomberok	
<b>Faculty:</b> Faculty of Education	
<b>Course code:</b> KSP/Sc-BE102B/22	<b>Course title:</b> Social work with refugees
<b>Type and range of planned learning activities and teaching methods:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Recommended study range:</b> <b>hours weekly:</b> <b>hours per semester:</b> 4s / 4s <b>Teaching method:</b> on-site	
<b>Credits:</b> 4	<b>Working load:</b> 100 hours
<b>Recommended semester/trimester:</b> 7.	
<b>Level of study:</b> I.	
<b>Prerequisites:</b>	
<b>Requirements for passing the course:</b> Within the implementation of the course methods of lecture, discussion, group work of students, independent work of students, work with video, work with statistics and Internet resources are used. Verification of the degree of acquisition of the relevant knowledge, skills and competences of the student is carried out on the basis of theoretical and practical examinations during the semester teaching of the subject and during the examination period. The student is obliged to participate in the exercises. A maximum of 3 absences per semester are accepted. During the semester, students will solve assigned problems in the exercises. The final assessment will be a closed-question test (ABCD). The final assessment for full-time students will be based on the total points obtained in the practicals and in the written examination. 20 points in the structure can be obtained for passing the course: - 10 points per test - 4 points for active participation - 6 points for completing the tasks during the exercises. For the external form of study, a written examination during the examination period will be worth 16 points, active participation will be worth 4 points. The minimum number of points required to pass the course is 12. Course evaluation: A - 20-19 points B - 18-17 points C - 16-15 points D - 14-13 points E - 12 points Fx - 11-0 points	
<b>Learning outcomes of the course:</b> Course Objective: Students will gain an overview of the international situation affecting global refugee movements. They will become familiar with the process of granting asylum or subsidiary protection and the working methods of state authorities and NGOs providing care for refugees. Learning outcomes:	

After completing the course, the student will acquire the following knowledge, skills and competences:

**Knowledge:**

The student will acquire knowledge from the following thematic areas: migration situation in the world, migration and asylum policy, integration process in the Slovak Republic, asylum seeker, unaccompanied minor, methods of social work with asylum seekers and asylum seekers.

**Skills:**

The student will be able to identify areas in which a social worker can provide services to migrants and refugees.

**Competencies:**

The student will acquire the socio-cultural competences necessary for working with immigrants.

**Course contents:**

The international security situation in the world and migration movements.

Basic concepts: migration, migrant, migration theories, refugee, asylum, asylum seeker, asylum seeker, subsidiary protection, unaccompanied minor.

The system of international protection and national protection of asylum seekers in the Slovak Republic.

Asylum procedure and aspects of the integration process in the Slovak Republic.

International organisations and NGOs operating in the Slovak Republic.

Social work with asylum seekers and asylum seekers. Social work with migrants and refugees.

**Recommended or required literature:**

**Language of instruction:**

Slovak, English (study of literature)

**Notes:**

**Course evaluation:**

Assessed students in total: 0

A	B	C	D	E	FX
0.0	0.0	0.0	0.0	0.0	0.0

**Name of lecturer(s):** Mgr. Daniel Markovič, PhD.

**Last modification:** 22.08.2022

**Supervisor(s):**

Person responsible for the delivery, development and quality of the study programme:

doc. PhDr. Markéta Rusnáková, PhD.

## COURSE INFORMATION SHEET

<b>University:</b> Catholic University in Ružomberok	
<b>Faculty:</b> Faculty of Education	
<b>Course code:</b> KSP/Sc- BE122A/22	<b>Course title:</b> Socio-legal protection and social guardianship
<b>Type and range of planned learning activities and teaching methods:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Recommended study range:</b> <b>hours weekly:</b> <b>hours per semester:</b> 12s / 4s <b>Teaching method:</b> on-site	
<b>Credits:</b> 5	<b>Working load:</b> 125 hours
<b>Recommended semester/trimester:</b> 5.	
<b>Level of study:</b> I.	
<b>Prerequisites:</b>	
<b>Requirements for passing the course:</b> During the semester, students will present their term paper on an assigned topic, for which a maximum of 20% can be earned. Additional work will consist of in-class assignments, for which they will be able to earn 10%. On the final written exam, students may earn a maximum of 70%. The final grade will be based on the total points earned on the term paper, assignments, and the written exam. In the external form of study there will be a written exam (max. 100%). Course evaluation: A - 100%-93% B - 92%-85% C - 84%-77% D - 76%-69% E - 68%-60% Fx - 59%- 0%	
<b>Learning outcomes of the course:</b> <b>Course Objective:</b> The aim of the course is to familiarize students with the work of social workers working at the Department of Social Protection and Social Probation. Definition of social curatorship in the conditions of the Slovak Republic, also educational measures of the social curator, methods of social work with at-risk groups of children and youth To acquaint students with the work of the social curator of adults. <b>Learning outcomes:</b> After completing the course, the student will acquire the following knowledge, skills and competences: <b>Graduate Knowledge:</b> The graduate has knowledge of the social security and social insurance system, the functioning of the social services system, social protection of children and social guardianship, assistance in material need, compensation for severe disabilities, employment services and the characteristics of poverty and social exclusion and concepts of social inclusion in interdisciplinary contexts. Knows the basic characteristics and specific features of individual social work client groups. <b>Graduate Skills:</b>	

The graduate is able to find, address, motivate for cooperation and independently assess the life situation of the client/clients with regard to the specifics and needs of the relevant group and determine the level of social risk of his/her/their life situation.

Graduate Competencies:

Graduates are able to provide information and advisory services and perform professional activities in the field of sickness and pension benefits, state social support contributions, social services, socio-legal protection of children and social guardianship, assistance in material need, cash contributions to compensate for severe disabilities, employment services.

**Course contents:**

1. Law on SPOD and SK - characteristics.
2. Social custody: definition; types of settings in which SK measures are implemented.
3. Educational measures within the meaning of the Act on SPOD and Sk, within the meaning of the Family Act.
4. Social welfare measures to reduce and eliminate negative impacts.
5. Social curator for children; risk groups of children with whom he works, Tasks of social curator for children and youth, Optimal personality traits of social curator.
6. The most frequently occurring socio-pathological phenomena of youth.
7. Educational activity with family and children - family rehabilitation, CAN syndrome.
8. Competence of the conflict guardian for minors, competence of the social curator for minors.
9. Competences and powers of the Centre for International Child and Youth Protection.
10. Facilities dealing with at-risk youth.
11. Social curator for adults; risk groups of persons with whom he/she works; tasks of the social curator.
12. Resocialization allowance, meaning, conditions of granting, procedure of payment.
13. Probation and mediation service - meaning, objectives.

**Recommended or required literature:**

1. ANDRUCHOVÁ J., ĽALOŤOVÁ, J.: Manuál činností sociálnych pracovníkov k problematike sociálnoprávnej ochrany detí a sociálnej kurately. Bratislava :VŠZaSP sv. Alžbety, 2009
2. LABÁTH, V. a kol: Riziková mládež. Praha: Sociologické vydavateľstvo SLON, 2001
3. MATOUŠEK, O., MATOUŠKOVÁ, A.: Mládež a delikvence. Praha:Portál, 2011
4. SCHAVEL, M. a kol: Sociálna prevencia. Bratislava: VŠZaSP, 2010.
5. Zákon č. 305/2005 Z.z. o sociálnoprávnej ochrane detí a o sociálnej kuratele v znení poslednej novely
6. Zákon č. 36/2005 Z.z. o rodine
7. Zákon č.300/2005 Z.z. Trestný zákon
8. Zákon č. 420/2004 Zb. o mediácií a doplnení niektorých zákonov
9. Zákon č. 453/2003 o orgánoch štátnej správy v oblasti sociálnych vecí, rodiny a služieb zamestnanosti
10. Zákon č.550/2003 Z.z.o probačných a mediačných úradníkoch

**Language of instruction:**

Slovak

**Notes:**

**Course evaluation:**

Assessed students in total: 31

A	B	C	D	E	FX
19.35	35.48	25.81	6.45	9.68	3.23

**Name of lecturer(s):** doc. PhDr. Markéta Rusnáková, PhD., JUDr. Juraj Čech, PhD.

**Last modification:** 26.08.2022

**Supervisor(s):**

Person responsible for the delivery, development and quality of the study programme:

doc. PhDr. Markéta Rusnáková, PhD.

## COURSE INFORMATION SHEET

<b>University:</b> Catholic University in Ružomberok	
<b>Faculty:</b> Faculty of Education	
<b>Course code:</b> KSP/Sc-BE103A/22	<b>Course title:</b> Sociology
<b>Type and range of planned learning activities and teaching methods:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Recommended study range:</b> <b>hours weekly:</b> <b>hours per semester:</b> 12s / 4s <b>Teaching method:</b> on-site	
<b>Credits:</b> 5	<b>Working load:</b> 125 hours
<b>Recommended semester/trimester:</b> 1.	
<b>Level of study:</b> I.	
<b>Prerequisites:</b>	
<b>Requirements for passing the course:</b> Verification of the degree of acquisition of the relevant knowledge, skills and competences of the student is carried out on the basis of theoretical and practical examinations during the semester teaching of the subject. During the semester the student will be evaluated on the basis of the presentation of the semester work (it will constitute 30% of the total evaluation, maximum score of 30 points); and on the basis of the final test (it will constitute 70% of the total evaluation, maximum score of 70 points). Semester work - minimum 5-7 pages, presentation of the semester work in Power-point in the range of 5-10 minutes. Topics of the term paper will be assigned to students at the beginning of the semester and will reflect current events in society in relation to sociological reflection and social work practice. The final test will consist of open and closed questions, the final test topics will be published in the Moodle system.	
<b>Learning outcomes of the course:</b> <b>Knowledge:</b> - The student has knowledge of the basics of sociology. <b>Skills:</b> - The student can identify the relevance of sociology to the professional practice of social work and can use knowledge of sociology to practice social work and develop social work knowledge. <b>Competencies:</b> - The student is able to use sociological knowledge within a multidisciplinary approach in social work.	
<b>Course contents:</b> 1. The position of sociology in the system of sciences, the subject, nature and division of sociology, the importance of sociology for social work. 2. The development of sociology and the main sociological paradigms and theories. 3. Social communication, social interaction, social relationships and social networks. 4. Elements of social structure - soc. Status, soc. 4. social structure, role and social institution. 5. Social groups and organisations. 6. Society.	

7. Culture and its components. Cultural ethnocentrism and cultural relativism.
8. Socialization. Sociological theories of socialization.
9. Crowd and mass behaviour in society.
10. Social conformity, nonconformity and deviance.
11. Marriage and family as social institutions.
12. Religion from the perspective of sociology.
13. Social stratification and social inequalities.

**Recommended or required literature:**

1. The position of sociology in the system of sciences, the subject, nature and division of sociology, the importance of sociology for social work.
2. The development of sociology and the main sociological paradigms and theories.
3. Social communication, social interaction, social relationships and social networks.
4. Elements of social structure - soc. Status, soc. 4. social structure, role and social institution.
5. Social groups and organisations.
6. Society.
7. Culture and its components. Cultural ethnocentrism and cultural relativism.
8. Socialization. Sociological theories of socialization.
9. Crowd and mass behaviour in society.
10. Social conformity, nonconformity and deviance.
11. Marriage and family as social institutions.
12. Religion from the perspective of sociology.
13. Social stratification and social inequalities.

**Language of instruction:**

Slovak

**Notes:**

**Course evaluation:**

Assessed students in total: 20

A	B	C	D	E	FX
15.0	40.0	20.0	15.0	5.0	5.0

**Name of lecturer(s):** doc. PhDr. Angela Almašiová, PhD.

**Last modification:** 19.07.2022

**Supervisor(s):**

Person responsible for the delivery, development and quality of the study programme:  
doc. PhDr. Markéta Rusnáková, PhD.

## COURSE INFORMATION SHEET

<b>University:</b> Catholic University in Ružomberok	
<b>Faculty:</b> Faculty of Education	
<b>Course code:</b> KSP/Sc- BE100S/22	<b>Course title:</b> State Final Exam - Social Work
<b>Type and range of planned learning activities and teaching methods:</b> <b>Form of instruction:</b> <b>Recommended study range:</b> <b>hours weekly:    hours per semester:</b> <b>Teaching method:</b> on-site	
<b>Credits:</b> 15	<b>Working load:</b> 375 hours
<b>Recommended semester/trimester:</b> 7., 8..	
<b>Level of study:</b> I.	
<b>Prerequisites:</b>	
<b>Requirements for passing the course:</b> The state examination consists of presenting the student's answers to topics from three areas of social work (Social Work Theory, Social Work Methods, Social Work Practice) before a committee. Course evaluation: A - 100%-93% B - 92%-85% C - 84%-77% D - 76%-69% E - 68%-60% Fx - 59%- 0%	
<b>Learning outcomes of the course:</b> Course Objective: To verify the acquired knowledge, skills and competences of the students from the profile subjects of the Bachelor's degree in the study programme of social work. Learning outcomes: <b>Knowledge:</b> The graduate possesses knowledge of individual areas of the field of study and its interdisciplinary contexts at the level of synthesis, namely the basics of theories, methods and forms social work in direct and mediated work with social work client groups, the basics of philosophy, ethics, sociology, psychology, pedagogy and law, social policy. The graduate has knowledge of the social security and social insurance system, the functioning of the social services system, social protection of children and social guardianship, assistance in material need, compensation for severe disabilities, employment services and the characteristics of poverty and social exclusion and concepts of social inclusion in interdisciplinary contexts. Knows the basic characteristics and specific features of individual social work client groups. He knows the basics of methodology and statistics in social sciences, in social work specially. Can draw conclusions and name connections between concepts in the field of study. <b>Skills:</b> The graduate is able to find, address, motivate for cooperation and independently assess the life situation of the client/clients with regard to the specifics and needs of the respective group and determine the degree of social risk of his/her/their life situation.	



They can plan, select and use an adequate methodology of work for their intervention professional activity and evaluate the effectiveness of the assistance provided.

Can identify the relevance of social policy to the professional practice of social work and use knowledge of law, psychology, philosophy, sociology and pedagogy to practice social work and develop social work knowledge.

Is able to construct a simple research project to identify a specific problem in social work.

Competencies:

Graduates are able to provide information and advisory services and perform professional activities in the field of sickness and pension benefits, state social support contributions, social services, socio-legal protection of children and social guardianship, assistance in material need, cash contributions to compensate for severe disabilities, employment services.

Possesses professional communication skills, professionally presents own opinions.

Able to work in a team and foster interdisciplinary and interprofessional collaboration.

Acts ethically in the practice of social work.

**Course contents:**

1. 15 theses in the field Social work theory
2. 15 theses in the field of Social work methods
3. 15 theses in the field of Social Work Practice

**Recommended or required literature:**

according to the literature of compulsory profile subjects of the study programme

**Language of instruction:**

Slovak

**Notes:**

**Course evaluation:**

Assessed students in total: 206

A	B	C	D	E	FX
31.07	18.93	23.3	17.48	9.22	0.0

**Name of lecturer(s):**

**Last modification:** 26.08.2022

**Supervisor(s):**

Person responsible for the delivery, development and quality of the study programme:  
doc. PhDr. Markéta Rusnáková, PhD.

## COURSE INFORMATION SHEET

<b>University:</b> Catholic University in Ružomberok	
<b>Faculty:</b> Faculty of Education	
<b>Course code:</b> KSP/Sc-BE111A/22	<b>Course title:</b> Supervised professional practice 1
<b>Type and range of planned learning activities and teaching methods:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Recommended study range:</b> <b>hours weekly:</b> <b>hours per semester:</b> 4s / 16s <b>Teaching method:</b> on-site	
<b>Credits:</b> 5	<b>Working load:</b> 125 hours
<b>Recommended semester/trimester:</b> 3.	
<b>Level of study:</b> I.	
<b>Prerequisites:</b> KSP/Sc-BE107A/22	
<b>Requirements for passing the course:</b> Participation in a professional practice in the full range of the student's choice: social services institution, state administration, local government, public institutions. The processing of the professional practice record into a portfolio is included. Course evaluation: A - 100%-93% B - 92%-85% C - 84%-77% D - 76%-69% E - 68%-60% Fx - 59%- 0%	
<b>Learning outcomes of the course:</b> Course Objective: Gain direct experience of working with a client and through supervision seek optimal forms of solving a social problem. Learning outcomes: After completing the course, the student will acquire the following knowledge, skills and competences: Graduate Skills: Can identify the relevance of social policy to the professional practice of social work and use knowledge of law, psychology, philosophy, sociology and pedagogy to practice social work and develop social work knowledge. Graduate Competencies: Able to work in a team and foster interdisciplinary and interprofessional collaboration. Acts ethically in the practice of social work.	
<b>Course contents:</b> 1. Introductory seminar to professional practice, selection of practice equipment 2. Practice records, portfolio creation 3. Practice report - its evaluation and presentation 4. Practice consultation - professional supervision at the practice workplace	

## 5. Professional supervision in school

### Recommended or required literature:

- TRUHLÁŘOVÁ, Z. 2015. Odborné praxe v kontextu pregraduální přípravy sociálních pracovníků. Hradec Králové: Gaudeamus. 2015. ISBN 978-80-7435-412-0
- SKYBA, M., ŠOLTÉSOVÁ, D. 2014. Service-learning vo vzdelávaní (školských) sociálnych pracovníkov a pracovníčok. Prešov: AFPh UP, 2014, 149 s. ISBN 978-80-555-1156-6
- HAVRDOVÁ, Z. 1999. Kompetence v praxi sociální práce. Praha: Osmium, 1999, 167 s. ISBN 80-902081-8-5
- PRUŽINSKÁ, J. a kol. 2011. Inšpirácie pre prax sociálnej práce. Bratislava: IRIS, 2011. 235 s. ISBN 978-80-89238-53-8
- MÁTEL, A. 2016. Etické kódexy sociálnej práce. Bratislava: Spoločnosť pre rozvoj sociálnej práce. 2016. 226 s. ISBN 978-80-971445-8-6
- TRUHLÁŘOVÁ, Z., LEVICKÁ, K. 2011. Od teorie k praxi, od praxe k teorii : sborník z konference VIII. Hradecké dny sociální práce. Hradec Králové: Gaudeamus, 2012. 682 s. ISBN 978-80-7435-138-9
- KAMANOVÁ, I., ZRUBÁKOVÁ, K. 2009. Prínos študentskej odbornej praxe v sociálnej práci, ošetrovatel'stve a pôrodnej asistencii: zborník referátov z medzinárodnej odbornej konferencie: 19. novembra 2008. Ružomberok: Pedagogická fakulta a Fakulta zdravotníctva Katolíckej univerzity, 2009. 191 s. ISBN 978-80-8084-458-5
- KAMANOVÁ, I., RUSNÁKOVÁ, M. 2007. Význam študentskej odbornej praxe pre prípravu sociálnych pracovníkov. Ružomberok : Katolícka univerzita, 2007. 60 s. ISBN 978-80-8084-208-6
- HAWKINS, P. 2004. Supervize v pomáhajících profesiách. Praha: Portál, 2004, 216 s. ISBN 978-80-7178-715-9
- VASKA, L. 2012. Teoretické aspekty supervízie začínajúcich sociálnych pracovníkov. Bratislava: Iris, 2012, 176 s. ISBN 978-80-89238-70-5

### Language of instruction:

slovak

### Notes:

### Course evaluation:

Assessed students in total: 27

A	B	C	D	E	FX
85.19	14.81	0.0	0.0	0.0	0.0

Name of lecturer(s): PhDr. Lenka Štefáková, PhD.

Last modification: 26.08.2022

### Supervisor(s):

Person responsible for the delivery, development and quality of the study programme:

doc. PhDr. Markéta Rusnáková, PhD.

## COURSE INFORMATION SHEET

<b>University:</b> Catholic University in Ružomberok	
<b>Faculty:</b> Faculty of Education	
<b>Course code:</b> KSP/Sc-BE116A/22	<b>Course title:</b> Supervised professional practice 2
<b>Type and range of planned learning activities and teaching methods:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Recommended study range:</b> <b>hours weekly:</b> <b>hours per semester:</b> 4s / 16s <b>Teaching method:</b> on-site	
<b>Credits:</b> 5	<b>Working load:</b> 125 hours
<b>Recommended semester/trimester:</b> 4.	
<b>Level of study:</b> I.	
<b>Prerequisites:</b> KSP/Sc-BE107A/22	
<b>Requirements for passing the course:</b> Participation in a professional practice in the full range of the student's choice: social services institution, state administration, local government, public institutions. The processing of the professional practice record into a portfolio is included. Course evaluation: A - 100%-93% B - 92%-85% C - 84%-77% D - 76%-69% E - 68%-60% Fx - 59%- 0%	
<b>Learning outcomes of the course:</b> Course Objective: Gain direct experience of working with a client and through supervision seek optimal forms of solving a social problem. Learning outcomes: After completing the course, the student will acquire the following knowledge, skills and competences: Graduate Skills: Can identify the relevance of social policy to the professional practice of social work and use knowledge of law, psychology, philosophy, sociology and pedagogy to practice social work and develop social work knowledge. Graduate Competencies: Able to work in a team and foster interdisciplinary and interprofessional collaboration. Acts ethically in the practice of social work.	
<b>Course contents:</b> 1. Introductory seminar to professional practice, selection of practice equipment 2. Practice records, portfolio creation 3. Practice report - its evaluation and presentation 4. Practice consultation - professional supervision at the practice workplace	

## 5. Professional supervision in school

### Recommended or required literature:

- TRUHLÁŘOVÁ, Z. 2015. Odborné praxe v kontextu pregraduální přípravy sociálních pracovníků. Hradec Králové: Gaudeamus. 2015. ISBN 978-80-7435-412-0
- SKYBA, M., ŠOLTÉSOVÁ, D. 2014. Service-learning vo vzdelávaní (školských) sociálnych pracovníkov a pracovníčok. Prešov: AFPh UP, 2014, 149 s. ISBN 978-80-555-1156-6
- HAVRDOVÁ, Z. 1999. Kompetence v praxi sociální práce. Praha: Osmium, 1999, 167 s. ISBN 80-902081-8-5
- PRUŽINSKÁ, J. a kol. 2011. Inšpirácie pre prax sociálnej práce. Bratislava: IRIS, 2011. 235 s. ISBN 978-80-89238-53-8
- MÁTEL, A. 2016. Etické kódexy sociálnej práce. Bratislava: Spoločnosť pre rozvoj sociálnej práce. 2016. 226 s. ISBN 978-80-971445-8-6
- TRUHLÁŘOVÁ, Z., LEVICKÁ, K. 2011. Od teorie k praxi, od praxe k teorii : sborník z konference VIII. Hradecké dny sociální práce. Hradec Králové: Gaudeamus, 2012. 682 s. ISBN 978-80-7435-138-9
- KAMANOVÁ, I., ZRUBÁKOVÁ, K. 2009. Prínos študentskej odbornej praxe v sociálnej práci, ošetrovatel'stve a pôrodnej asistencii: zborník referátov z medzinárodnej odbornej konferencie: 19. novembra 2008. Ružomberok: Pedagogická fakulta a Fakulta zdravotníctva Katolíckej univerzity, 2009. 191 s. ISBN 978-80-8084-458-5
- KAMANOVÁ, I., RUSNÁKOVÁ, M. 2007. Význam študentskej odbornej praxe pre prípravu sociálnych pracovníkov. Ružomberok : Katolícka univerzita, 2007. 60 s. ISBN 978-80-8084-208-6
- HAWKINS, P. 2004. Supervize v pomáhajících profesiách. Praha: Portál, 2004, 216 s. ISBN 978-80-7178-715-9
- VASKA, L. 2012. Teoretické aspekty supervízie začínajúcich sociálnych pracovníkov. Bratislava: Iris, 2012, 176 s. ISBN 978-80-89238-70-5

### Language of instruction:

slovak

### Notes:

### Course evaluation:

Assessed students in total: 27

A	B	C	D	E	FX
88.89	11.11	0.0	0.0	0.0	0.0

**Name of lecturer(s):** PhDr. Lenka Štefáková, PhD.

**Last modification:** 26.08.2022

### Supervisor(s):

Person responsible for the delivery, development and quality of the study programme:

doc. PhDr. Markéta Rusnáková, PhD.

## COURSE INFORMATION SHEET

<b>University:</b> Catholic University in Ružomberok	
<b>Faculty:</b> Faculty of Education	
<b>Course code:</b> KSP/Sc- BE121A/22	<b>Course title:</b> Supervised professional practice 3
<b>Type and range of planned learning activities and teaching methods:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Recommended study range:</b> <b>hours weekly:</b> <b>hours per semester:</b> 4s / 16s <b>Teaching method:</b> on-site	
<b>Credits:</b> 5	<b>Working load:</b> 125 hours
<b>Recommended semester/trimester:</b> 5.	
<b>Level of study:</b> I.	
<b>Prerequisites:</b>	
<b>Requirements for passing the course:</b> Participation in a professional practice in the full range of the student's choice: social services institution, state administration, local government, public institutions. The processing of the professional practice record into a portfolio is included. Course evaluation: A - 100%-93% B - 92%-85% C - 84%-77% D - 76%-69% E - 68%-60% Fx - 59%- 0%	
<b>Learning outcomes of the course:</b> Course Objective: Gain direct experience of working with a client and through supervision seek optimal forms of solving a social problem. Learning outcomes: After completing the course, the student will acquire the following knowledge, skills and competences: Graduate Skills: Can identify the relevance of social policy to the professional practice of social work and use knowledge of law, psychology, philosophy, sociology and pedagogy to practice social work and develop social work knowledge. Graduate Competencies: Able to work in a team and foster interdisciplinary and interprofessional collaboration. Acts ethically in the practice of social work.	
<b>Course contents:</b> 1. Introductory seminar to professional practice, selection of practice equipment 2. Practice records, portfolio creation 3. Practice report - its evaluation and presentation 4. Practice consultation - professional supervision at the practice workplace	

## 5. Professional supervision in school

### Recommended or required literature:

- TRUHLÁŘOVÁ, Z. 2015. Odborné praxe v kontextu pregraduální přípravy sociálních pracovníků. Hradec Králové: Gaudeamus. 2015. ISBN 978-80-7435-412-0
- SKYBA, M., ŠOLTÉSOVÁ, D. 2014. Service-learning vo vzdelávaní (školských) sociálnych pracovníkov a pracovníčok. Prešov: AFPh UP, 2014, 149 s. ISBN 978-80-555-1156-6
- HAVRDOVÁ, Z. 1999. Kompetence v praxi sociální práce. Praha: Osmium, 1999, 167 s. ISBN 80-902081-8-5
- PRUŽINSKÁ, J. a kol. 2011. Inšpirácie pre prax sociálnej práce. Bratislava: IRIS, 2011. 235 s. ISBN 978-80-89238-53-8
- MÁTEL, A. 2016. Etické kódexy sociálnej práce. Bratislava: Spoločnosť pre rozvoj sociálnej práce. 2016. 226 s. ISBN 978-80-971445-8-6
- TRUHLÁŘOVÁ, Z., LEVICKÁ, K. 2011. Od teorie k praxi, od praxe k teorii : sborník z konference VIII. Hradecké dny sociální práce. Hradec Králové: Gaudeamus, 2012. 682 s. ISBN 978-80-7435-138-9
- KAMANOVÁ, I., ZRUBÁKOVÁ, K. 2009. Prínos študentskej odbornej praxe v sociálnej práci, ošetrovatel'stve a pôrodnej asistencii: zborník referátov z medzinárodnej odbornej konferencie: 19. novembra 2008. Ružomberok: Pedagogická fakulta a Fakulta zdravotníctva Katolíckej univerzity, 2009. 191 s. ISBN 978-80-8084-458-5
- KAMANOVÁ, I., RUSNÁKOVÁ, M. 2007. Význam študentskej odbornej praxe pre prípravu sociálnych pracovníkov. Ružomberok : Katolícka univerzita, 2007. 60 s. ISBN 978-80-8084-208-6
- HAWKINS, P. 2004. Supervize v pomáhajících profesiách. Praha: Portál, 2004, 216 s. ISBN 978-80-7178-715-9
- VASKA, L. 2012. Teoretické aspekty supervízie začínajúcich sociálnych pracovníkov. Bratislava: Iris, 2012, 176 s. ISBN 978-80-89238-70-5

### Language of instruction:

slovak

### Notes:

### Course evaluation:

Assessed students in total: 30

A	B	C	D	E	FX
100.0	0.0	0.0	0.0	0.0	0.0

**Name of lecturer(s):** PhDr. Lenka Štefáková, PhD.

**Last modification:** 26.08.2022

### Supervisor(s):

Person responsible for the delivery, development and quality of the study programme:

doc. PhDr. Markéta Rusnáková, PhD.

## COURSE INFORMATION SHEET

<b>University:</b> Catholic University in Ružomberok	
<b>Faculty:</b> Faculty of Education	
<b>Course code:</b> KSP/Sc- BE113A/22	<b>Course title:</b> The basics of counselling
<b>Type and range of planned learning activities and teaching methods:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Recommended study range:</b> <b>hours weekly:</b> <b>hours per semester:</b> 8s / 4s <b>Teaching method:</b> on-site	
<b>Credits:</b> 4	<b>Working load:</b> 100 hours
<b>Recommended semester/trimester:</b> 3.	
<b>Level of study:</b> I.	
<b>Prerequisites:</b>	
<b>Requirements for passing the course:</b> Verification of the degree of acquisition of the relevant knowledge, skills and competences of the student is carried out on the basis of theoretical and practical examinations during the semester teaching of the subject. Interim evaluation Active participation in teaching.....2020% - Demonstrated activity at the verbal level, engagement in discussion (10%) - Behavioral level activity, engagement in exercises and tasks (10%) Continuous written work ..... 20% - theoretical treatment of a selected range of counselling approaches (10%) - Argumented recommendation for the application of counselling approaches in practice with specific clientele (10%) Final evaluation Written test.....60% - theoretical aspects of counselling (40%) - application level of social counselling (20%) Overall rating (expressed in points) - 10 - 9.1 points - excellent performance - initiative, proactive approach, the student shows interest, brings suggestions, asks relevant questions, looks for connections, is ready to experiment at the level of behaviour and thinking, - 9 - 8.1 points - very good performance - active approach, student responds to stimuli, reflects on topics and phenomena, shows motivation to know and learn, - 8 - 7.1 points - average performance - student responds to stimuli hesitantly, shows variable motivation, participates selectively in activities, - 7 - 6.1 points - below average performance - the student is only reactive, responds to questions and suggestions without trying to develop the topic or consider alternatives, is only interested in selected elements of the topic, - 6 - 5.1 points - poor performance - the student is able to respond, but is poorly motivated to learn, his/her contribution is in the nature of reproduction of knowledge, - 5 - 0 points - passive, poor performance, formal attitude to learning. Course evaluation:	



A - 100%-93%  
B - 92%-85%  
C - 84%-77%  
D - 76%-69%  
E - 68%-60%  
Fx - 59%- 0%

**Learning outcomes of the course:**

Course Objective:

The main aim of the course is to provide students with a basic understanding of counselling, its theoretical background, objectives, possibilities and limits, indications and contraindications, modalities and approaches, process and the role of the counsellor. Secondary objectives are the basic skills of contact, report generation and the potentials of each category of counseling methods.

Learning outcomes:

The graduate has basic knowledge of theories, methods and forms of counselling social work in direct work with client groups of social work. He/she knows the key theoretical foundations of counselling at different levels and with diverse clientele, he/she knows the basic laws and process of counselling. Is proficient in generalist and specific social work counseling options.

The graduate has mastered the elementary skills of conducting the first-line counselling process - establishing contact, creating a relationship, preparing and formulating a working contract, defining the goal, setting hypotheses, preparing strategies and interventions.

The graduate has the competence to assess a social case, can recommend an adequate approach to solving problems in counselling practice, has the basic skills to cope with difficult counselling situations.

**Course contents:**

Course contents:

1. Counselling in the context of the helping professions

Social, psychological, educational, special-educational, legal counseling. Theoretical foundations of counselling in the helping sphere. Origin and development of counselling. Definition of counselling and other practices and methods of the helping professions.

2. Levels and forms of counselling

Informative and orientation function of counselling, psychohygiene and developmental counselling, supportive roles of counselling, remedial intensive (long-term) counselling. Individual, couple, group, family, group counselling and organisational development counselling. Specifics of mediated contact (online, telephone, written communication).

3. The process of counselling

First contact and basic orientation. Assessment and examination of medical history. Counselling contract. Creating an atmosphere of psychological safety and relationship building. Defining goals and hypotheses. Strategies, interventions and hypothesis testing. Examining the achievement of goals. Completion of the counselling process. Evaluation of the process and catamnestic monitoring of the effects of counselling. The role of the counsellor, couple counselling, supervision and its importance in counselling. Effective factors in counselling.

4. Challenging situations in counselling

Categories of challenging situations:

- from the counsellor's perspective (personal discomfort, inner tensions, current emotional states and life situations, motivation to pursue the helping profession, counsellor's responsibility, self-reflection),

- client-centered (low motivation, passive attitude, aggressive and confrontational displays, manipulative behavior issues, limits of psychopathology),

- from a process and context perspective (projections, transmission and countertransmission mechanisms, stigma and labeling induced by participation in the counseling process, ethical issues of helping, reasons for entering the counseling process - spontaneous, recommended, mandated counseling, collaboration with other professionals, and client distribution).

**Recommended or required literature:**

HARGAŠOVÁ, H. et al. 2009. Skupinové poradenství. Praha: Grada Publishing. 2009. 255 s. ISBN 978-80-247-2642-7

GABURA, J. 2005. Sociálne poradenstvo. Bratislava: OZ Sociálna práca. 205. 222 s. ISBN 80-89185-10-X

GABURA, J., GAŽÍKOVÁ, E., 2021. Teoretické východiská a metódy práce s rodinou. Nitra: UKF. 2021. 392 s. ISBN 978-80-558-1682-1

KOPŘIVA, K. 2016. Lidský vztah jako součást profese. Praha: Portál. 2016. 152 s. ISBN 978-80-262-1147-1

KOŠČO, J. et al. 1987. Poradenská psychológia. Bratislava: SPN. 1987. 446 s.

LABÁTH, V. 2019. Moc a pomoc. Ružomberok: Verbum. 2019. 186 s. ISBN 978-80-561-0677-8

TIMULÁK, L. 2006. Základy vedení psychoterapeutického rozhovoru. Praha: Portál. 2006. 184 s. ISBN 80-7367-106-9

**Language of instruction:**

slovak, czech

**Notes:**

**Course evaluation:**

Assessed students in total: 27

A	B	C	D	E	FX
29.63	37.04	11.11	11.11	11.11	0.0

**Name of lecturer(s):** prof. PaedDr. Vladimír Labáth, PhD., PhD. Mgr. Anna Masariková, PhD.

**Last modification:** 30.08.2022

**Supervisor(s):**

Person responsible for the delivery, development and quality of the study programme:  
doc. PhD. Markéta Rusnáková, PhD.

## COURSE INFORMATION SHEET

<b>University:</b> Catholic University in Ružomberok	
<b>Faculty:</b> Faculty of Education	
<b>Course code:</b> KSP/Sc- BE128A/22	<b>Course title:</b> Thesis Seminar 1
<b>Type and range of planned learning activities and teaching methods:</b> <b>Form of instruction:</b> Seminar <b>Recommended study range:</b> <b>hours weekly: hours per semester:</b> 4s <b>Teaching method:</b> on-site	
<b>Credits:</b> 2	<b>Working load:</b> 50 hours
<b>Recommended semester/trimester:</b> 6.	
<b>Level of study:</b> I.	
<b>Prerequisites:</b>	
<b>Requirements for passing the course:</b> Participation in consultations with the supervisor of the bachelor thesis. Course evaluation: A - 100%-93% B - 92%-85% C - 84%-77% D - 76%-69% E - 68%-60% Fx - 59%- 0%	
<b>Learning outcomes of the course:</b> Course Objective: To master the basic methodological and methodological procedures of creating a bachelor thesis. To know the appropriate literary sources, procedures for processing the theoretical part of the bachelor thesis, to create and compile an outline of the thesis, to identify the main key concepts and categories for the successful elaboration of the final thesis. Learning outcomes After completing the course, the student will acquire the following knowledge, skills and competences: <b>Knowledge</b> The student will deepen his/her knowledge in different areas of social work according to the topic of the thesis. <b>Skills</b> The student can verbalize arguments in writing. <b>Competencies</b> The student is able to systematize, analyze and evaluate literature according to the chosen topic.	
<b>Course contents:</b> Literature study and research. Preparation of the theoretical part of the thesis.	

**Recommended or required literature:**

1. Gavora, P.: Úvod do pedagogického výskumu. Bratislava, Univerzita Komenského 2008.
2. Gavora, P. a kol.: Elektronická učebnica pedagogického výskumu [online]. Bratislava, Univerzita Komenského 2010. Dostupné na: <http://www.e-metodologia.fedu.uniba.sk/>
3. Meško, D. – Katuščák, D. – Findra, J. a kol.: Akademická príručka. Martin, Osveta 2005.
4. Silverman, D. : Ako robiť kvalitatívny výskum. Bratislava, Ikar – Pegas 2005.
5. Staroňová, K.: Vedecké písanie. Ako písať akademické a vedecké texty. Martin, Osveta 2011. Smernica dekana Pedagogickej fakulty KU č. 6/2020 o ukončení štúdia na PF KU v Ružomberku.

**Language of instruction:**

slovak

**Notes:**

The student attends an initial joint meeting of all the thesis writers, then consults and communicates with the supervisor individually and as mutually agreed.

**Course evaluation:**

Assessed students in total: 13

A	B	C	D	E	FX
92.31	0.0	7.69	0.0	0.0	0.0

**Name of lecturer(s):** doc. PhDr. Angela Almašiová, PhD., Mgr. Júlia Bačkorová, PhD.**Last modification:** 26.08.2022**Supervisor(s):**

Person responsible for the delivery, development and quality of the study programme:  
doc. PhDr. Markéta Rusnáková, PhD.

## COURSE INFORMATION SHEET

<b>University:</b> Catholic University in Ružomberok	
<b>Faculty:</b> Faculty of Education	
<b>Course code:</b> KSP/Sc- BE129A/22	<b>Course title:</b> Thesis Seminar 2
<b>Type and range of planned learning activities and teaching methods:</b> <b>Form of instruction:</b> Seminar <b>Recommended study range:</b> <b>hours weekly:</b> <b>hours per semester:</b> 4s <b>Teaching method:</b> on-site	
<b>Credits:</b> 2	<b>Working load:</b> 50 hours
<b>Recommended semester/trimester:</b> 7.	
<b>Level of study:</b> I.	
<b>Prerequisites:</b>	
<b>Requirements for passing the course:</b> Participation in consultations with the supervisor of the bachelor thesis. Preparation and submission of the bachelor thesis. Course evaluation: A - 100%-93% B - 92%-85% C - 84%-77% D - 76%-69% E - 68%-60% Fx - 59%- 0%	
<b>Learning outcomes of the course:</b> Course Objective: To master the methodological and methodological procedures of creating a bachelor thesis. Learning outcomes: After completing the course, the student will acquire the following knowledge, skills and competences: - the student masters the procedures of creating a bachelor's thesis, - the student can use the literary-comparative method and others, - the student is able to compose a bachelor thesis under the guidance of a supervisor.	
<b>Course contents:</b> 1. Analysis and analysis of selected appropriate literature sources. 2. Reading list. 3. Working with literature. 4. Preparation of excerpts, etc. 5. Preparation of the thesis outline. 6. Abstract, thesis descriptors and preliminaries. 7. Processing of the theoretical part of the thesis.	

**Recommended or required literature:**

1. Gavora, P.: Úvod do pedagogického výskumu. Bratislava, Univerzita Komenského 2008.
2. Gavora, P. a kol.: Elektronická učebnica pedagogického výskumu [online]. Bratislava, Univerzita Komenského 2010. Dostupné na: <http://www.e-metodologia.fedu.uniba.sk/>
3. Meško, D. – Katuščák, D. – Findra, J. a kol.: Akademická príručka. Martin, Osveta 2005.
4. Silverman, D. : Ako robiť kvalitatívny výskum. Bratislava, Ikar – Pegas 2005.
5. Staroňová, K.: Vedecké písanie. Ako písať akademické a vedecké texty. Martin, Osveta 2011.
6. Smernica dekana Pedagogickej fakulty KU č. 6/2020 o ukončení štúdia na PF KU v Ružomberku.

**Language of instruction:**

slovak

**Notes:**

The student consults and communicates with the supervisor individually and by mutual agreement.

**Course evaluation:**

Assessed students in total: 17

A	B	C	D	E	FX
64.71	17.65	11.76	0.0	5.88	0.0

**Name of lecturer(s):**

**Last modification:** 26.08.2022

**Supervisor(s):**

Person responsible for the delivery, development and quality of the study programme:  
doc. PhDr. Markéta Rusnáková, PhD.